

Young Female Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
1	0:29:29	21	Giffnock North AC (21) (FYA)	1	5	0:10:40	Katy Donnelly
				2	1	00:09:07	Valencia Wright
				3	1	00:09:42	Helen Chong
2	0:29:52	22	Giffnock North AC (22) (FYA)	1	3	0:10:31	Kirsty Wylie
				2	2	00:09:24	Zoe Flower
				3	2	00:09:57	Francesca Davidson
3	0:30:31	43	Kilbarchan AAC (43) (FYA)	1	4	0:10:40	Sarah Lyle
				2	3	00:10:04	Rachel Muir
				3	3	00:09:47	Alisha Sivell
4	0:31:00	60	North Ayrshire AC (60) (FYA)	1	2	0:10:21	Adele Street
				2	4	00:10:31	Mary Jane McNally
				3	4	00:10:08	Niamh Murphy
5	0:31:02	2	Ayr Seaforth AC (2) (FYA)	1	1	0:10:04	Iona Stroma Hubbard
				2	5	00:10:52	Morven Hubbard
				3	5	00:10:06	Emma Frew
6	0:31:14	23	Giffnock North AC (23) (FYA)	1	11	0:11:03	Tuscany Wright
				2	7	00:10:07	Abby Thomson
				3	6	00:10:04	Jill Carswell
7	0:31:34	33	Glasgow School of Sport (33) (FYA)	1	9	0:10:59	Rachel Warboys
				2	8	00:10:16	Meredith Reid
				3	7	00:10:19	Aimee Anderson
8	0:31:40	44	Kilbarchan AAC (44) (FYA)	1	25	0:11:37	Ellie Nayar
				2	9	00:09:53	Louise Hastie
				3	8	00:10:10	Laine Alemu
9	0:31:53	9	Cambuslang Harriers (9) (FYA)	1	21	0:11:33	Mya Carmichael
				2	11	00:10:09	Niamh Riggins
				3	9	00:10:11	Susie Mclaughlin
10	0:32:07	24	Giffnock North AC (24) (FYA)	1	26	0:11:38	Emma McLennan
				2	10	00:10:01	Kate Paul
				3	10	00:10:28	Emma Chamberlain

Young Female Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
11	0:32:16	45	Kilbarchan AAC (45) (FYA)	1	16	0:11:06	Isla Marshall
				2	13	00:10:39	Sarah Forbes
				3	11	00:10:31	Eilidh Gibson
12	0:32:18	66	VP-Glasgow AC (66) (FYA)	1	6	0:10:46	Sophie Sinclair
				2	6	00:10:20	Amiya Patel
				3	12	00:11:12	Róisín Cameron Coyle
13	0:32:28	39	Inverclyde AC (39) (FYA)	1	29	0:11:41	Leona Conway
				2	17	00:10:27	Abi Hammerman
				3	13	00:10:20	Zoe Renfrew
14	0:32:33	64	Shettleston Harriers (64) (FYA)	1	18	0:11:14	Jessica Grant
				2	16	00:10:48	Erin Ellor
				3	14	00:10:31	Elsie Hollywood
15	0:33:09	47	Kilbarchan AAC (47) (FYA)	1	14	0:11:06	Kirsty Hutton
				2	15	00:10:43	Evie Livingstone
				3	15	00:11:20	Lauren Hunter
16	0:33:11	3	Ayr Seaforth AC (3) (FYA)	1	10	0:11:02	Sophie McColm
				2	12	00:10:42	Islay Hubbard
				3	16	00:11:27	Evie Mackay
17	0:33:12	16	East Kilbride (16) (FYA)	1	41	0:12:22	Cara Gilbride
				2	31	00:11:11	Holly McAneny
				3	17	00:09:39	Hannah Anderson
18	0:33:14	10	Cambuslang Harriers (10) (FYA)	1	17	0:11:12	Eva Ritchie
				2	27	00:11:56	Eilidh Kennedy
				3	18	00:10:06	Shona Carey
19	0:33:43	51	Kilmarnock H&AC (51) (FYA)	1	23	0:11:35	Lily Murray
				2	23	00:11:10	Eilidh Ballantyne
				3	19	00:10:58	Laura Jedrusiak
20	0:33:50	4	Ayr Seaforth AC (4) (FYA)	1	7	0:10:53	Sophie McCallum
				2	20	00:11:27	Katie Murray
				3	20	00:11:30	Anna Kirk

Young Female Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
21	0:33:51	46	Kilbarchan AAC (46) (FYA)	1	20	0:11:29	Amy Teasdale
				2	21	00:11:09	Abbie Alemu
				3	21	00:11:13	Leona Murray
22	0:34:00	40	Inverclyde AC (40) (FYA)	1	40	0:12:09	Hannah Thomson
				2	30	00:11:20	Orla McGeehan
				3	22	00:10:31	Nuala McCheyne
23	0:34:12	25	Giffnock North AC (25) (FYA)	1	32	0:11:52	Amy Vincent
				2	18	00:10:17	Isla Scott
				3	23	00:12:03	Leila Hickey-Fugaccia
24	0:34:19	57	Law and District AAC (57) (FYA)	1	8	0:10:53	Hannah Todd
				2	26	00:12:12	Laila McRae
				3	24	00:11:14	Rachel Donnelly
25	0:34:33	26	Giffnock North AC (26) (FYA)	1	27	0:11:39	Ruby White
				2	19	00:10:34	Eva Chong
				3	25	00:12:20	Laura-Jane Bertram
26	0:34:44	37	Helensburgh (37) (FYA)	1	19	0:11:15	Maddie Rooney
				2	22	00:11:25	Jennifer Scott
				3	26	00:12:04	Katie Flett
27	0:34:54	52	Kilmarnock H&AC (52) (FYA)	1	42	0:12:31	Isla Tonner
				2	32	00:11:06	Isla Raeburn
				3	27	00:11:17	Molly Murray
28	0:35:00	62	North Ayrshire AC (62) (FYA)	1	43	0:12:40	Rana Tatar
				2	33	00:11:04	Evie Hardy
				3	28	00:11:16	Carla Murray
29	0:35:16	61	North Ayrshire AC (61) (FYA)	1	24	0:11:36	Aoibha Ballard
				2	25	00:11:26	Leah Murray
				3	29	00:12:14	Emma Donachy
30	0:35:30	28	Giffnock North AC (28) (FYA)	1	22	0:11:33	Abigail Flower
				2	24	00:11:24	Kirsten O'Donoghue
				3	30	00:12:33	Lara Cassidy

Young Female Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
31	0:35:34	29	Giffnock North AC (29) (FYA)	1	34	0:12:03	Caitlin Smillie
				2	34	00:11:41	Caoilfhinn MacKenzie
				3	31	00:11:50	Bethany Drummond
32	0:35:40	27	Giffnock North AC (27) (FYA)	1	31	0:11:52	Erin McKay
				2	35	00:11:52	Nuala O'Donnell
				3	32	00:11:56	Niamh McWilliams
33	0:35:50	17	East Kilbride (17) (FYA)	1	52	0:13:30	Rachel Davidson
				2	40	00:11:06	Leah Muirhead
				3	33	00:11:14	Abbie Kirwan
34	0:36:03	67	VP-Glasgow AC (67) (FYA)	1	39	0:12:07	Amy Byrne
				2	38	00:12:00	Liya De Laet-Pinder
				3	34	00:11:56	Emma Gilmour
35	0:36:21	20	Garscube Harriers (20) (FYA)	1	54	0:13:37	Ffion Mann
				2	44	00:12:05	Kirsten Berry
				3	36	00:10:39	Isabelle Burnside
36	0:36:21	30	Giffnock North AC (30) (FYA)	1	37	0:12:03	Sarah Stewart
				2	36	00:11:59	Jessica Gibson
				3	35	00:12:19	Mia McBain
37	0:36:56	31	Giffnock North AC (31) (FYA)	1	30	0:11:51	Ava Flynn
				2	37	00:12:13	Hazel O'Donoghue
				3	37	00:12:52	Kiara Meiklejohn
38	0:37:03	35	Greenock Glenpark Harriers (35) (FYA)	1	12	0:11:03	Ava Beaton
				2	29	00:12:20	Abbie Tosh
				3	38	00:13:40	Mhairi Moore
39	0:37:10	38	Helensburgh (38) (FYA)	1	46	0:12:56	Eva Rooney
				2	39	00:11:35	Lexy Kenhard
				3	39	00:12:39	Evelyn Dennison

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Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
40	0:37:23	18	East Kilbride (18) (FYA)	1	50	0:13:18	Amber Muirhead
				2	42	00:11:37	Cara McAneny
				3	40	00:12:28	Emma Livingstone
41	0:38:01	14	Cumbernauld AAC (14) (FYA)	1	28	0:11:40	Rebekah Lawman
				2	28	00:11:35	Caoimhe Quail
				3	42	00:14:46	Mhairi Quinn
42	0:38:01	53	Kilmarnock H&AC (53) (FYA)	1	48	0:13:08	Mhairi Ballantyne
				2	41	00:11:34	Lucy Hoy
				3	41	00:13:19	Abby Lauchlan
43	0:38:21	11	Cambuslang Harriers (11) (FYA)	1	38	0:12:03	Lucy McGrandle
				2	43	00:13:38	Peggy-Nan Rodger
				3	43	00:12:40	Chloe Burton
44	0:38:41	63	North Ayrshire AC (63) (FYA)	1	51	0:13:20	Amy Scott
				2	45	00:12:38	Niamh Gaffney
				3	44	00:12:43	Megan Pettigrew
45	0:40:24	54	Kilmarnock H&AC (54) (FYA)	1	44	0:12:50	Jennie Munro
				2	47	00:13:27	Victoria McDowall
				3	45	00:14:07	Sophie Caufield
--	xx:xx:xx	7	Bellahouston Harriers (7) (FYA)	1	47	0:13:05	Emma Kingston
				2	48	00:13:53	Cara Wotherspoon
				3		xxxx	xxxx
--	xx:xx:xx	8	Bellahouston Harriers (8) (FYA)	1	56	0:14:20	Annabelle Leitch
				2		xxxx	xxxx
				3		xxxx	xxxx
--	xx:xx:xx	12	Cambuslang Harriers (12) (FYA)	1	33	0:11:53	Francesca Fairweather
				2		xxxx	xxxx
				3		xxxx	xxxx
--	xx:xx:xx	13	Clydesdale Harriers (13) (FYA)	1	49	0:13:11	Millie Robertson
				2	46	00:12:53	Lucy Denholm
				3		xxxx	xxxx
--	xx:xx:xx	15	Cumbernauld AAC (15) (FYA)	1	55	0:13:51	Keri Welsford
				2		xxxx	xxxx
				3		xxxx	xxxx
--	xx:xx:xx	19	East Kilbride (19) (FYA)	1	57	void	Orla Houghton
				2	49	00:12:40	Olivia Carlin
				3			

Young Female Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner

Young Female Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
- -	xx:xx:xx	55	Kirkintilloch Olympians (55) (FYA)	1	53	0:13:33	Olivia Mahon
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	58	Law and District AAC (58) (FYA)	1	15	0:11:06	Jessica Inglis
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	59	Nithsdale (59) (FYA)	1	13	0:11:03	Skye Rae
				2	14	00:10:44	Tilly Wilson-Machin
				3		xxxx	xxxx
- -	xx:xx:xx	65	Shettleston Harriers (65) (FYA)	1	35	0:12:03	Violet Campbell
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	68	VP-Glasgow AC (68) (FYA)	1	36	0:12:03	Ruth Walsh
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	69	VP-Glasgow AC (69) (FYA)	1	45	0:12:54	Zoe Loughrey
				2		xxxx	xxxx
				3		xxxx	xxxx

Young Female split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
1	00:09:07	926	Valencia Wright	F- GU15	Giffnock North AC	2
2	00:09:24	915	Zoe Flower	F- GU15	Giffnock North AC	2
3	00:09:39	876	Hannah Anderson	F- FU17	East Kilbride A.C.	3
4	00:09:42	898	Helen Chong	F- FU17	Giffnock North AC	3
5	00:09:47	962	Alisha Sivell	F- FU17	Kilbarchan AAC	3
6	00:09:53	978	Louise Hastie	F- GU15	Kilbarchan AAC	2
7	00:09:57	899	Francesca Davidson	F- FU17	Giffnock North AC	3
8	00:10:01	923	Kate Paul	F- GU15	Giffnock North AC	2
9	00:10:04	895	Jill Carswell	F- FU17	Giffnock North AC	3
10	0:10:04	832	Iona Stroma Hubbard	F- GU13	Ayr Seaforth AC	1
11	00:10:04	982	Rachel Muir	F- GU15	Kilbarchan AAC	2
12	00:10:06	859	Shona Carey	F- GU15	Cambuslang Harriers	3
13	00:10:06	828	Emma Frew	F- FU17	Ayr Seaforth AC	3
14	00:10:07	925	Abby Thomson	F- GU15	Giffnock North AC	2
15	00:10:08	1028	Niamh Murphy	F- GU15	North Ayrshire AC	3
16	00:10:09	863	Niamh Riggins	F- GU15	Cambuslang Harriers	2
17	00:10:10	959	Laine Alemu	F- FU17	Kilbarchan AAC	3
18	00:10:11	851	Susie McLaughlin	F- FU17	Cambuslang Harriers	3
19	00:10:16	932	Meredith Reid	F- GU15	Glasgow School of Sport	2
20	00:10:17	924	Isla Scott	F- GU15	Giffnock North AC	2
21	00:10:19	927	Aimee Anderson	F- FU17	Glasgow School of Sport	3
22	00:10:20	1043	Amiya Patel	F- GU13	VP-Glasgow AC	2
23	00:10:20	951	Zoe Renfrew	F- FU17	Inverclyde AC	3
24	0:10:21	1025	Adele Street	F- GU13	North Ayrshire AC	1
25	00:10:27	956	Abi Hammerman	F- GU15	Inverclyde AC	2
26	00:10:28	897	Emma Chamberlain	F- FU17	Giffnock North AC	3
27	00:10:31	950	Nuala McCheyne	F- FU17	Inverclyde AC	3
28	00:10:31	1030	Elsie Hollywood	F- FU17	Shettleston Harriers	3
29	00:10:31	960	Eilidh Gibson	F- FU17	Kilbarchan AAC	3
30	0:10:31	912	Kirsty Wylie	F- GU13	Giffnock North AC	1
31	00:10:31	1027	Mary Jane McNally	F- GU15	North Ayrshire AC	2
32	00:10:34	913	Eva Chong	F- GU15	Giffnock North AC	2
33	00:10:39	977	Sarah Forbes	F- GU15	Kilbarchan AAC	2
34	00:10:39	891	Isabelle Burnside	F- GU15	Garscube Harriers	3
35	0:10:40	901	Katy Donnelly	F- GU13	Giffnock North AC	1
36	0:10:40	967	Sarah Lyle	F- GU13	Kilbarchan AAC	1
37	00:10:42	842	Islay Hubbard	F- GU15	Ayr Seaforth AC	2
38	00:10:43	980	Evie Livingstone	F- GU15	Kilbarchan AAC	2
39	00:10:44	1017	Tilly Wilson-Machin	F- GU15	Nithsdale AC	2
40	0:10:46	1044	Sophie Sinclair	F- GU13	VP-Glasgow AC	1

Young Female split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
41	00:10:48	1034	Erin Ellor	F- GU15	Shettleston Harriers	2
42	00:10:52	843	Morven Hubbard	F- GU15	Ayr Seaforth AC	2
43	0:10:53	834	Sophie McCallum	F- GU13	Ayr Seaforth AC	1
44	0:10:53	1014	Hannah Todd	F- GU13	Law & District AAC	1
45	00:10:58	985	Laura Jedrusiak	F- FU17	Kilmarnock H&AC	3
46	0:10:59	930	Rachel Warboys	F- GU13	Glasgow School of Sport	1
47	0:11:02	835	Sophie McColm	F- GU13	Ayr Seaforth AC	1
48	0:11:03	911	Tuscany Wright	F- GU13	Giffnock North AC	1
49	0:11:03	934	Ava Beaton	F- GU13	Greenock Glenpark Harriers	1
50	0:11:03	1016	Skye Rae	F- GU13	Nithsdale AC	1
51	00:11:04	1023	Evie Hardy	F- GU13	North Ayrshire AC	2
52	00:11:06	998	Isla Raeburn	F- GU15	Kilmarnock H&AC	2
53	0:11:06	969	Isla Marshall	F- GU13	Kilbarchan AAC	1
54	0:11:06	966	Kirsty Hutton	F- GU13	Kilbarchan AAC	1
55	0:11:06	1011	Jessica Inglis	F- GU13	Law & District AAC	1
56	00:11:06	888	Leah Muirhead	F- GU15	East Kilbride A.C.	2
57	00:11:09	974	Abbie Alemu	F- GU15	Kilbarchan AAC	2
58	00:11:10	994	Eilidh Ballantyne	F- GU15	Kilmarnock H&AC	2
59	00:11:11	887	Holly McAneny	F- GU15	East Kilbride A.C.	2
60	00:11:12	1047	Róisín Cameron Coyle	F- GU15	VP-Glasgow AC	3
61	0:11:12	857	Eva Ritchie	F- GU13	Cambuslang Harriers	1
62	00:11:13	961	Leona Murray	F- FU17	Kilbarchan AAC	3
63	00:11:14	884	Abbie Kirwan	F- GU15	East Kilbride A.C.	3
64	0:11:14	1032	Jessica Grant	F- GU13	Shettleston Harriers	1
65	00:11:14	1009	Rachel Donnelly	F- FU17	Law & District AAC	3
66	0:11:15	944	Maddie Rooney	F- GU13	Helensburgh AAC	1
67	00:11:16	1019	Carla Murray	F- FU17	North Ayrshire AC	3
68	00:11:17	989	Molly Murray	F- FU17	Kilmarnock H&AC	3
69	00:11:20	958	Orla McGeehan	F- GU15	Inverclyde AC	2
70	00:11:20	979	Lauren Hunter	F- GU15	Kilbarchan AAC	3
71	00:11:24	922	Kirsten O'Donoghue	F- GU15	Giffnock North AC	2
72	00:11:25	947	Jennifer Scott	F- GU15	Helensburgh AAC	2
73	00:11:26	1029	Leah Murray	F- GU15	North Ayrshire AC	2
74	00:11:27	838	Katie Murray	F- GU13	Ayr Seaforth AC	2
75	00:11:27	829	Evie Mackay	F- FU17	Ayr Seaforth AC	3
76	0:11:29	972	Amy Teasdale	F- GU13	Kilbarchan AAC	1
77	00:11:30	833	Anna Kirk	F- GU13	Ayr Seaforth AC	3
78	0:11:33	853	Mya Carmichael	F- GU13	Cambuslang Harriers	1
79	0:11:33	902	Abigail Flower	F- GU13	Giffnock North AC	1
80	00:11:34	996	Lucy Hoy	F- GU15	Kilmarnock H&AC	2

Young Female split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
81	00:11:35	946	Lexy Kenhard	F- GU15	Helensburgh AAC	2
82	0:11:35	992	Lily Murray	F- GU13	Kilmarnock H&AC	1
83	00:11:35	875	Caoimhe Quail	F- GU15	Cumbernauld AAC	2
84	0:11:36	1021	Aoibha Ballard	F- GU13	North Ayrshire AC	1
85	00:11:37	886	Cara McAneny	F- GU15	East Kilbride A.C.	2
86	0:11:37	971	Ellie Nayar	F- GU13	Kilbarchan AAC	1
87	0:11:38	905	Emma McLennan	F- GU13	Giffnock North AC	1
88	0:11:39	910	Ruby White	F- GU13	Giffnock North AC	1
89	0:11:40	873	Rebekah Lawman	F- GU13	Cumbernauld AAC	1
90	0:11:41	952	Leona Conway	F- GU13	Inverclyde AC	1
91	00:11:41	917	Caoilfhinn MacKenzie	F- GU15	Giffnock North AC	2
92	00:11:50	914	Bethany Drummond	F- GU15	Giffnock North AC	3
93	0:11:51	903	Ava Flynn	F- GU13	Giffnock North AC	1
94	0:11:52	909	Amy Vincent	F- GU13	Giffnock North AC	1
95	0:11:52	904	Erin McKay	F- GU13	Giffnock North AC	1
96	00:11:52	921	Nuala O'Donnell	F- GU15	Giffnock North AC	2
97	0:11:53	855	Francesca Fairweather	F- GU13	Cambuslang Harriers	1
98	00:11:56	860	Eilidh Kennedy	F- GU15	Cambuslang Harriers	2
99	00:11:56	919	Niamh McWilliams	F- GU15	Giffnock North AC	3
100	00:11:56	1037	Emma Gilmour	F- FU17	VP-Glasgow AC	3
101	00:11:59	916	Jessica Gibson	F- GU15	Giffnock North AC	2
102	00:12:00	1048	Liya De Laet-Pinder	F- GU15	VP-Glasgow AC	2
103	0:12:03	856	Lucy McGrandle	F- GU13	Cambuslang Harriers	1
104	0:12:03	907	Caitlin Smillie	F- GU13	Giffnock North AC	1
105	0:12:03	908	Sarah Stewart	F- GU13	Giffnock North AC	1
106	0:12:03	1031	Violet Campbell	F- GU13	Shettleston Harriers	1
107	0:12:03	1046	Ruth Walsh	F- GU13	VP-Glasgow AC	1
108	00:12:03	900	Leila Hickey-Fugaccia	F- FU17	Giffnock North AC	3
109	00:12:04	942	Katie Flett	F- FU17	Helensburgh AAC	3
110	00:12:05	890	Kirsten Berry	F- GU15	Garscube Harriers	2
111	0:12:07	1041	Amy Byrne	F- GU13	VP-Glasgow AC	1
112	0:12:09	955	Hannah Thomson	F- GU13	Inverclyde AC	1
113	00:12:12	1013	Laila McRae	F- GU13	Law & District AAC	2
114	00:12:13	906	Hazel O'Donoghue	F- GU13	Giffnock North AC	2
115	00:12:14	1018	Emma Donachy	F- FU17	North Ayrshire AC	3
116	00:12:19	918	Mia McBain	F- GU15	Giffnock North AC	3
117	00:12:20	940	Abbie Tosh	F- GU15	Greenock Glenpark Harriers	2
118	00:12:20	894	Laura-Jane Bertram	F- FU17	Giffnock North AC	3
119	0:12:22	878	Cara Gilbride	F- GU13	East Kilbride A.C.	1
120	00:12:28	885	Emma Livingstone	F- GU15	East Kilbride A.C.	3

Young Female split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
121	0:12:31	993	Isla Tonner	F- GU13	Kilmarnock H&AC	1
122	00:12:33	896	Lara Cassidy	F- FU17	Giffnock North AC	3
123	00:12:38	1022	Niamh Gaffney	F- GU13	North Ayrshire AC	2
124	00:12:39	945	Evelyn Dennison	F- GU15	Helensburgh AAC	3
125	00:12:40	849	Chloe Burton	F- FU17	Cambuslang Harriers	3
126	00:12:40	882	Olivia Carlin	F- GU15	East Kilbride A.C.	2
127	0:12:40	1026	Rana Tatar	F- GU13	North Ayrshire AC	1
128	00:12:43	1020	Megan Pettigrew	F- FU17	North Ayrshire AC	3
129	0:12:50	991	Jennie Munro	F- GU13	Kilmarnock H&AC	1
130	00:12:52	920	Kiara Meiklejohn	F- GU15	Giffnock North AC	3
131	00:12:53	866	Lucy Denholm	F- GU13	Clydesdale Harriers	2
132	0:12:54	1042	Zoe Loughrey	F- GU13	VP-Glasgow AC	1
133	0:12:56	943	Eva Rooney	F- GU13	Helensburgh AAC	1
134	0:13:05	846	Emma Kingston	F- GU15	Bellahouston Harriers	1
135	0:13:08	990	Mhairi Ballantyne	F- GU13	Kilmarnock H&AC	1
136	0:13:11	868	Millie Robertson	F- GU13	Clydesdale Harriers	1
137	0:13:18	879	Amber Muirhead	F- GU13	East Kilbride A.C.	1
138	00:13:19	986	Abby Lauchlan	F- FU17	Kilmarnock H&AC	3
139	0:13:20	1024	Amy Scott	F- GU13	North Ayrshire AC	1
140	00:13:27	997	Victoria McDowall	F- GU15	Kilmarnock H&AC	2
141	0:13:30	877	Rachel Davidson	F- GU13	East Kilbride A.C.	1
142	0:13:33	1003	Olivia Mahon	F- GU13	Kirkintilloch Olympians	1
143	0:13:37	889	Ffion Mann	F- GU13	Garscube Harriers	1
144	00:13:38	864	Peggy-Nan Rodger	F- GU15	Cambuslang Harriers	2
145	00:13:40	933	Mhairi Moore	F- FU17	Greenock Glenpark Harriers	3
146	0:13:51	874	Keri Welsford	F- GU13	Cumbernauld AAC	1
147	00:13:53	845	Cara Wotherspoon	F- FU17	Bellahouston Harriers	2
148	00:14:07	984	Sophie Caufield	F- FU17	Kilmarnock H&AC	3
149	0:14:20	847	Annabelle Leitch	F- GU15	Bellahouston Harriers	1
150	00:14:46	872	Mhairi Quinn	F- FU17	Cumbernauld AAC	3
151	void	883	Orla Houghton	F- GU15	East Kilbride A.C.	1

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
1	0:26:27	25	Giffnock North AC (25) (MYA)	1	3	0:09:14	Craig Shennan
				2	2	00:08:35	Harris Paterson
				3	1	00:08:38	Ethan Carolan
2	0:26:47	74	VP-Glasgow AC (74) (MYA)	1	2	0:09:12	Saul McGlennan
				2	3	00:08:38	Fraser Gilmour
				3	2	00:08:57	Callum Byrne
3	0:26:49	70	Shettleston Harriers (70) (MYA)	1	1	0:08:55	Johnny Burns
				2	1	00:08:44	Gregor Campbell
				3	3	00:09:10	Kasey Fraser
4	0:26:56	26	Giffnock North AC (26) (MYA)	1	6	0:09:36	Matthew Murphy
				2	4	00:08:43	Jacob Luc
				3	4	00:08:37	Jack Bell
5	0:27:04	21	Garscube Harriers (21) (MYA)	1	8	0:09:40	Matthew Burnside
				2	6	00:09:08	Cameron Berry
				3	5	00:08:16	Jack Trainer
6	0:27:16	46	Kilbarchan AAC (46) (MYA)	1	4	0:09:31	Oliver Patton
				2	5	00:09:11	Lewis Anderson
				3	6	00:08:34	Jack Patton
7	0:27:23	6	Cambuslang Harriers (6) (MYA)	1	15	0:10:05	Sam McCarthy
				2	7	00:08:58	Zak Povey
				3	7	00:08:20	Christopher McLew
8	0:28:12	7	Cambuslang Harriers (7) (MYA)	1	17	0:10:07	Brodie McDonald
				2	12	00:09:25	Lewis Roddis
				3	8	00:08:40	Brodie Aitken
9	0:28:17	47	Kilbarchan AAC (47) (MYA)	1	5	0:09:33	Matthew New
				2	13	00:10:01	Robert Gunson
				3	9	00:08:43	Lewis Hannigan
10	0:28:20	42	Inverclyde AC (42) (MYA)	1	10	0:09:50	Tayven Adamson
				2	10	00:09:30	Lewis Hainey
				3	10	00:09:00	Josh Law

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
11	0:28:37	1	Ayr Seaforth AC (1) (MYA)	1	22	0:10:25	Connor Scobie
				2	15	00:09:26	Alexander Crooks
				3	11	00:08:46	Scott Sprang
12	0:28:39	27	Giffnock North AC (27) (MYA)	1	7	0:09:40	Calan Chong
				2	11	00:09:50	Hugh Shiels
				3	12	00:09:09	Andrew Robertson
13	0:28:48	54	Kilmarnock H&AC (54) (MYA)	1	11	0:09:58	Jamie Phillips
				2	8	00:09:14	Jonathon Downey
				3	13	00:09:36	Lewis Ferguson
14	0:28:52	28	Giffnock North AC (28) (MYA)	1	14	0:10:05	Jack Wallace
				2	14	00:09:41	Cameron Green
				3	14	00:09:06	Blayne Wright
15	0:29:21	8	Cambuslang Harriers (8) (MYA)	1	41	0:11:15	Jay Gallacher
				2	16	00:08:55	Robbie Woods
				3	15	00:09:11	Michael Black
16	0:29:29	37	Greenock Glenpark Harriers (37) (MYA)	1	12	0:10:03	Ben Campbell
				2	18	00:10:12	Jude Dolan
				3	16	00:09:14	Alan Mollins
17	0:29:51	50	Kilbarchan AAC (50) (MYA)	1	26	0:10:34	Ramsay McLeod
				2	27	00:10:23	Colin Arthur
				3	17	00:08:54	Cameron McKenzie
18	0:29:56	35	Glasgow School of Sport (35) (MYA)	1	48	0:11:50	Josh Scott
				2	35	00:09:39	Matthew Stewart
				3	18	00:08:27	Ross J Whitelaw
19	0:30:05	20	East Kilbride (20) (MYA)	1	19	0:10:17	Sam Hosie
				2	28	00:10:41	Cameron MacDonald
				3	19	00:09:07	Hamish Anderson
20	0:30:13	9	Cambuslang Harriers (9) (MYA)	1	43	0:11:22	Reece Duncan
				2	30	00:09:45	Fearghus MacGregor
				3	21	00:09:06	Jack MacKinnon

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
21	0:30:13	49	Kilbarchan AAC (49) (MYA)	1	32	0:10:55	Jack Kennedy
				2	38	00:10:40	Ross Kennedy
				3	20	00:08:38	David McNair
22	0:30:18	55	Kilmarnock H&AC (55) (MYA)	1	27	0:10:40	Charlie Gaskin
				2	17	00:09:33	Sam Lindsay
				3	22	00:10:05	Ryan Littlejohn
23	0:30:22	29	Giffnock North AC (29) (MYA)	1	24	0:10:27	Cameron Harris
				2	24	00:10:13	Matthew Cox
				3	23	00:09:42	Eoghan O'Donnell
24	0:30:25	67	Nithsdale (67) (MYA)	1	39	0:11:11	Cameron Robertson
				2	29	00:09:53	Dylan Walton
				3	24	00:09:21	Davie Houston
25	0:30:29	64	Law and District AAC (64) (MYA)	1	33	0:10:55	Logan Whitton
				2	26	00:09:59	Christopher Barrett
				3	25	00:09:35	Matthew Gillon
26	0:30:30	2	Ayr Seaforth AC (2) (MYA)	1	23	0:10:25	Calum Moir
				2	23	00:10:07	Daniel Byers
				3	26	00:09:58	Max McLean
27	0:30:33	43	Inverclyde AC (43) (MYA)	1	47	0:11:37	Layton Carter
				2	37	00:09:52	Robert Gray
				3	27	00:09:04	Ben Nichol
28	0:30:35	14	Clydesdale Harriers (14) (MYA)	1	38	0:11:08	Jamie Macpherson
				2	31	00:10:01	Reece Ferguson
				3	28	00:09:26	John Docherty
29	0:30:45	16	Cumbernauld AAC (16) (MYA)	1	18	0:10:15	Rory Elliott
				2	33	00:11:01	Max Mccafferty
				3	29	00:09:29	Dylan Elliott
30	0:30:47	10	Cambuslang Harriers (10) (MYA)	1	53	0:12:12	Barry Masterton
				2	34	00:09:17	Stewart Millard
				3	30	00:09:18	Aaron Grew

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
31	0:31:12	75	VP-Glasgow AC (75) (MYA)	1	16	0:10:07	David Kirkpatrick
				2	19	00:10:08	Ruairidh Allen
				3	31	00:10:57	Eoghan Connolly
32	0:31:19	30	Giffnock North AC (30) (MYA)	1	52	0:12:07	Shay Garioch
				2	41	00:09:43	Michael Nolan
				3	32	00:09:29	Lewis Mitchell
33	0:31:42	48	Kilbarchan AAC (48) (MYA)	1	21	0:10:19	Luke Lindsay
				2	32	00:10:53	Ross Hastie
				3	33	00:10:30	Lewis Barclay
34	0:31:48	68	North Ayrshire AC (68) (MYA)	1	37	0:11:06	Harris McNicol
				2	44	00:10:58	Ben Heron
				3	34	00:09:44	Alexander Orderley
35	0:32:03	65	Law and District AAC (65) (MYA)	1	35	0:11:00	Scott McAdam
				2	25	00:09:54	Craig Cherrie
				3	35	00:11:09	Finn Milligan
36	0:32:09	31	Giffnock North AC (31) (MYA)	1	25	0:10:33	Oliver MacDonald
				2	42	00:11:28	Craig Cameron
				3	36	00:10:08	Donald Maclean
37	0:32:26	17	Cumbernauld AAC (17) (MYA)	1	29	0:10:45	Grant McEachern
				2	47	00:12:06	Luke Tervit
				3	37	00:09:35	Frankie Quail
38	0:32:32	71	Shettleston Harriers (71) (MYA)	1	31	0:10:55	Adam Clifford
				2	46	00:11:51	David Woods
				3	38	00:09:46	Theo Carter
39	0:34:18	40	Helensburgh (40) (MYA)	1	44	0:11:29	Jock Cordner
				2	50	00:11:58	William Scott
				3	39	00:10:51	Matthew Cameron
40	0:34:49	69	North Ayrshire AC (69) (MYA)	1	55	0:12:20	Aiden Mcwhirter
				2	49	00:11:00	Ross Booth
				3	40	00:11:29	Euan Comrie

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
- -	xx:xx:xx	3	Ayr Seaforth AC (3) (MYA)	1	30	0:10:49	Fraser McIntyre
				2	20	00:09:26	Calum Hannah
				3		xxxx	xxxx
- -	xx:xx:xx	11	Cambuslang Harriers (11) (MYA)	1	56	0:12:31	Ben MacDougall
				2	43	00:09:33	Joa Fairweather
				3		xxxx	xxxx
- -	xx:xx:xx	12	Cambuslang Harriers (12) (MYA)	1	58	0:12:47	Jamie Kennedy
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	13	Cambuslang Harriers (13) (MYA)	1	57	0:12:38	Dylan Stefani
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	15	Clydesdale Harriers (15) (MYA)	1	49	0:11:50	Archie Orr
				2	40	00:09:57	Jake MacPherson
				3		xxxx	xxxx
- -	xx:xx:xx	18	Cumbernauld AAC (18) (MYA)	1	50	0:11:54	Finn McCafferty
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	22	Garscube Harriers (22) (MYA)	1	13	0:10:05	Jackson Adams
				2	9	00:09:11	Finlay Ross-Davie
				3		xxxx	xxxx
- -	xx:xx:xx	23	Garscube Harriers (23) (MYA)	1	59	0:13:06	Daniel Gray
				2	51	00:11:36	Gregor Murdoch
				3		xxxx	xxxx
- -	xx:xx:xx	32	Giffnock North AC (32) (MYA)	1	46	0:11:32	James Wylie
				2	48	00:11:36	Cormac Shiels
				3		xxxx	xxxx
- -	xx:xx:xx	51	Kilbarchan AAC (51) (MYA)	1	28	0:10:43	Luis Cameron
				2	36	00:10:46	Fraser Montgomery
				3		xxxx	xxxx

Young Male Teams

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
--	xx:xx:xx	52	Kilbarchan AAC (52) (MYA)	1	34	0:10:55	Finn Burns
				2	45	00:11:11	Martin Burnhope
				3		xxxx	xxxx
--	xx:xx:xx	53	Kilbarchan AAC (53) (MYA)	1	54	0:12:19	Magnus Morris
				2		xxxx	xxxx
				3		xxxx	xxxx
--	xx:xx:xx	56	Kilmarnock H&AC (56) (MYA)	1	20	0:10:19	Jordan Phillips
				2	22	00:10:10	Taylor Cadwell
				3		xxxx	xxxx
--	xx:xx:xx	57	Kilmarnock H&AC (57) (MYA)	1	40	0:11:15	Brayden Dean
				2	39	00:10:24	Charlie McNulty
				3		xxxx	xxxx
--	xx:xx:xx	58	Kilmarnock H&AC (58) (MYA)	1	45	0:11:29	Ollie Fraser
				2		xxxx	xxxx
				3		xxxx	xxxx
--	xx:xx:xx	59	Kilmarnock H&AC (59) (MYA)	1	51	0:12:07	Frazer Sands
				2		xxxx	xxxx
				3		xxxx	xxxx
--	xx:xx:xx	62	Kirkintilloch Olympians (62) (MYA)	1	9	0:09:44	Gregor Smith
				2	21	00:10:35	Crawford Smith
				3		xxxx	xxxx
--	xx:xx:xx	72	Shettleston Harriers (72) (MYA)	1	42	0:11:18	Joseph Reilly
				2		xxxx	xxxx
				3		xxxx	xxxx
--	xx:xx:xx	76	VP-Glasgow AC (76) (MYA)	1	36	0:11:03	Oscar Moogan Sharratt
				2		xxxx	xxxx
				3		xxxx	xxxx
--	xx:xx:xx	888	Under Investigation 1 (MYA)	1	9	0:09:44	TBC
				2		xxxx	xxxx
				3		xxxx	xxxx

Young Male split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
1	00:08:16	1128	Jack Trainer	M- MU17	Garscube Harriers	3
2	00:08:20	1088	Christopher McLew	M- MU17	Cambuslang Harriers	3
3	00:08:27	1163	Ross J Whitelaw	M- MU17	Glasgow School of Sport	3
4	00:08:34	1210	Jack Patton	M- MU17	Kilbarchan AAC	3
5	00:08:35	1148	Harris Paterson	M- BU15	Giffnock North AC	2
6	00:08:37	1152	Jack Bell	M- MU17	Giffnock North AC	3
7	00:08:38	1153	Ethan Carolan	M- MU17	Giffnock North AC	3
8	00:08:38	1225	David McNair	M- MU17	Kilbarchan AAC	3
9	00:08:38	1285	Fraser Gilmour	M- BU15	VP-Glasgow AC	2
10	00:08:40	1091	Brodie Aitken	M- MU17	Cambuslang Harriers	3
11	00:08:43	1145	Jacob Luc	M- BU15	Giffnock North AC	2
12	00:08:43	1209	Lewis Hannigan	M- MU17	Kilbarchan AAC	3
13	00:08:44	1274	Gregor Campbell	M- BU15	Shettleston Harriers	2
14	00:08:46	1064	Scott Sprang	M- MU17	Ayr Seaforth AC	3
15	00:08:54	1214	Cameron McKenzie	M- MU17	Kilbarchan AAC	3
16	0:08:55	1268	Johnny Burns	M- BU13	Shettleston Harriers	1
17	00:08:55	1082	Robbie Woods	M- BU15	Cambuslang Harriers	2
18	00:08:57	1289	Callum Byrne	M- MU17	VP-Glasgow AC	3
19	00:08:58	1080	Zak Povey	M- BU15	Cambuslang Harriers	2
20	00:09:00	1188	Josh Law	M- MU17	Inverclyde AC	3
21	00:09:04	1189	Ben Nichol	M- MU17	Inverclyde AC	3
22	00:09:06	1093	Jack MacKinnon	M- MU17	Cambuslang Harriers	3
23	00:09:06	1158	Blayne Wright	M- MU17	Giffnock North AC	3
24	00:09:07	1121	Hamish Anderson	M- MU17	East Kilbride A.C.	3
25	00:09:08	1125	Cameron Berry	M- BU15	Garscube Harriers	2
26	00:09:09	1157	Andrew Robertson	M- MU17	Giffnock North AC	3
27	00:09:10	1277	Kasey Fraser	M- MU17	Shettleston Harriers	3
28	00:09:11	1126	Finlay Ross-Davie	M- BU15	Garscube Harriers	2
29	00:09:11	1224	Lewis Anderson	M- BU15	Kilbarchan AAC	2
30	00:09:11	1090	Michael Black	M- MU17	Cambuslang Harriers	3
31	0:09:12	1280	Saul McGlennan	M- BU13	VP-Glasgow AC	1
32	0:09:14	1136	Craig Shennan	M- BU13	Giffnock North AC	1
33	00:09:14	1169	Alan Mollins	M- MU17	Greenock Glenpark Harriers	3
34	00:09:14	1237	Jonathon Downey	M- BU15	Kilmarnock H&AC	2
35	00:09:17	1085	Stewart Millard	M- BU15	Cambuslang Harriers	2
36	00:09:18	1092	Aaron Grew	M- MU17	Cambuslang Harriers	3
37	00:09:21	1260	Davie Houston	M- BU15	Nithsdale AC	3
38	00:09:25	1086	Lewis Roddis	M- BU15	Cambuslang Harriers	2
39	00:09:26	1104	John Docherty	M- MU17	Clydesdale Harriers	3
40	00:09:26	1052	Calum Hannah	M- BU13	Ayr Seaforth AC	2

Young Male split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
41	00:09:26	1060	Alexander Crooks	M- BU15	Ayr Seaforth AC	2
42	00:09:29	1114	Dylan Elliott	M- MU17	Cumbernauld AAC	3
43	00:09:29	1155	Lewis Mitchell	M- MU17	Giffnock North AC	3
44	00:09:30	1186	Lewis Hailey	M- BU15	Inverclyde AC	2
45	0:09:31	1193	Oliver Patton	M- BU13	Kilbarchan AAC	1
46	00:09:33	1084	Joa Fairweather	M- BU15	Cambuslang Harriers	2
47	0:09:33	1198	Matthew New	M- BU13	Kilbarchan AAC	1
48	00:09:33	1235	Sam Lindsay	M- BU15	Kilmarnock H&AC	2
49	00:09:35	1115	Frankie Quail	M- MU17	Cumbernauld AAC	3
50	00:09:35	1254	Matthew Gillon	M- MU17	Law & District AAC	3
51	00:09:36	1239	Lewis Ferguson	M- MU17	Kilmarnock H&AC	3
52	0:09:36	1135	Matthew Murphy	M- BU13	Giffnock North AC	1
53	00:09:39	1161	Matthew Stewart	M- BU15	Glasgow School of Sport	2
54	0:09:40	1123	Matthew Burnside	M- BU13	Garscube Harriers	1
55	0:09:40	1130	Calan Chong	M- BU13	Giffnock North AC	1
56	00:09:41	1144	Cameron Green	M- BU15	Giffnock North AC	2
57	00:09:42	1156	Eoghan O'Donnell	M- MU17	Giffnock North AC	3
58	00:09:43	1147	Michael Nolan	M- BU15	Giffnock North AC	2
59	0:09:44	1241	Gregor Smith	M- BU13	Kirkintilloch Olympians	1
60	00:09:44	1263	Alexander Orderley	M- MU17	North Ayrshire AC	3
61	00:09:45	1087	Fearghus MacGregor	M- BU15	Cambuslang Harriers	2
62	00:09:46	1273	Theo Carter	M- MU17	Shettleston Harriers	3
63	0:09:50	1180	Tayven Adamson	M- BU13	Inverclyde AC	1
64	00:09:50	1149	Hugh Shiels	M- BU15	Giffnock North AC	2
65	00:09:52	1185	Robert Gray	M- BU15	Inverclyde AC	2
66	00:09:53	1259	Dylan Walton	M- BU15	Nithsdale AC	2
67	00:09:54	1251	Craig Cherrie	M- BU15	Law & District AAC	2
68	00:09:57	1105	Jake MacPherson	M- MU17	Clydesdale Harriers	2
69	00:09:58	1066	Max McLean	M- MU17	Ayr Seaforth AC	3
70	0:09:58	1229	Jamie Phillips	M- BU13	Kilmarnock H&AC	1
71	00:09:59	1250	Christopher Barrett	M- BU15	Law & District AAC	2
72	00:10:01	1098	Reece Ferguson	M- BU13	Clydesdale Harriers	2
73	00:10:01	1204	Robert Gunson	M- BU15	Kilbarchan AAC	2
74	0:10:03	1172	Ben Campbell	M- BU13	Greenock Glenpark Harriers	1
75	0:10:05	1074	Sam McCarthy	M- BU13	Cambuslang Harriers	1
76	0:10:05	1122	Jackson Adams	M- BU13	Garscube Harriers	1
77	0:10:05	1138	Jack Wallace	M- BU13	Giffnock North AC	1
78	00:10:05	1240	Ryan Littlejohn	M- MU17	Kilmarnock H&AC	3
79	0:10:07	1072	Brodie McDonald	M- BU13	Cambuslang Harriers	1
80	0:10:07	1281	David Kirkpatrick	M- BU13	VP-Glasgow AC	1

Young Male split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
81	00:10:07	1058	Daniel Byers	M- BU13	Ayr Seaforth AC	2
82	00:10:08	1154	Donald Maclean	M- MU17	Giffnock North AC	3
83	00:10:08	1287	Ruairidh Allen	M- BU15	VP-Glasgow AC	2
84	00:10:10	1236	Taylor Cadwell	M- BU15	Kilmarnock H&AC	2
85	00:10:12	1168	Jude Dolan	M- BU15	Greenock Glenpark Harriers	2
86	00:10:13	1143	Matthew Cox	M- BU15	Giffnock North AC	2
87	0:10:15	1106	Rory Elliott	M- BU13	Cumbernauld AAC	1
88	0:10:17	1118	Sam Hosie	M- BU13	East Kilbride A.C.	1
89	0:10:19	1199	Luke Lindsay	M- BU13	Kilbarchan AAC	1
90	0:10:19	1230	Jordan Phillips	M- BU13	Kilmarnock H&AC	1
91	00:10:23	1200	Colin Arthur	M- BU15	Kilbarchan AAC	2
92	00:10:24	1238	Charlie McNulty	M- BU15	Kilmarnock H&AC	2
93	0:10:25	1055	Connor Scobie	M- BU13	Ayr Seaforth AC	1
94	0:10:25	1054	Calum Moir	M- BU13	Ayr Seaforth AC	1
95	0:10:27	1132	Cameron Harris	M- BU13	Giffnock North AC	1
96	00:10:30	1208	Lewis Barclay	M- MU17	Kilbarchan AAC	3
97	0:10:33	1140	Oliver MacDonald	M- BU13	Giffnock North AC	1
98	0:10:34	1220	Ramsay McLeod	M- BU13	Kilbarchan AAC	1
99	00:10:35	1242	Crawford Smith	M- BU13	Kirkintilloch Olympians	2
100	0:10:40	1234	Charlie Gaskin	M- BU13	Kilmarnock H&AC	1
101	00:10:40	1205	Ross Kennedy	M- BU15	Kilbarchan AAC	2
102	00:10:41	1119	Cameron MacDonald	M- BU15	East Kilbride A.C.	2
103	0:10:43	1195	Luis Cameron	M- BU13	Kilbarchan AAC	1
104	0:10:45	1110	Grant McEachern	M- BU13	Cumbernauld AAC	1
105	00:10:46	1202	Fraser Montgomery	M- BU15	Kilbarchan AAC	2
106	0:10:49	1069	Fraser McIntyre	M- BU13	Ayr Seaforth AC	1
107	00:10:51	1179	Matthew Cameron	M- BU15	Helensburgh AAC	3
108	00:10:53	1201	Ross Hastie	M- BU15	Kilbarchan AAC	2
109	0:10:55	1197	Jack Kennedy	M- BU13	Kilbarchan AAC	1
110	0:10:55	1215	Finn Burns	M- BU13	Kilbarchan AAC	1
111	0:10:55	1247	Logan Whitton	M- BU13	Law & District AAC	1
112	0:10:55	1272	Adam Clifford	M- BU13	Shettleston Harriers	1
113	00:10:57	1282	Eoghan Connolly	M- BU15	VP-Glasgow AC	3
114	00:10:58	1265	Ben Heron	M- BU13	North Ayrshire AC	2
115	00:11:00	1266	Ross Booth	M- BU13	North Ayrshire AC	2
116	0:11:00	1248	Scott McAdam	M- BU13	Law & District AAC	1
117	00:11:01	1111	Max McCafferty	M- BU15	Cumbernauld AAC	2
118	0:11:03	1283	Oscar Moogan Sharratt	M- BU13	VP-Glasgow AC	1
119	0:11:06	1261	Harris McNicol	M- BU13	North Ayrshire AC	1
120	0:11:08	1099	Jamie Macpherson	M- BU13	Clydesdale Harriers	1

Young Male split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
121	00:11:09	1255	Finn Milligan	M- MU17	Law & District AAC	3
122	0:11:11	1258	Cameron Robertson	M- BU13	Nithsdale AC	1
123	00:11:11	1203	Martin Burnhope	M- BU15	Kilbarchan AAC	2
124	0:11:15	1075	Jay Gallacher	M- BU13	Cambuslang Harriers	1
125	0:11:15	1232	Brayden Dean	M- BU13	Kilmarnock H&AC	1
126	0:11:18	1270	Joseph Reilly	M- BU13	Shettleston Harriers	1
127	0:11:22	1079	Reece Duncan	M- BU13	Cambuslang Harriers	1
128	00:11:28	1141	Craig Cameron	M- BU15	Giffnock North AC	2
129	0:11:29	1178	Jock Cordner	M- BU13	Helensburgh AAC	1
130	0:11:29	1233	Ollie Fraser	M- BU13	Kilmarnock H&AC	1
131	00:11:29	1264	Euan Comrie	M- MU17	North Ayrshire AC	3
132	0:11:32	1139	James Wylie	M- BU13	Giffnock North AC	1
133	00:11:36	1137	Cormac Shiels	M- BU13	Giffnock North AC	2
134	00:11:36	1127	Gregor Murdoch	M- BU15	Garscube Harriers	2
135	0:11:37	1182	Layton Carter	M- BU13	Inverclyde AC	1
136	0:11:50	1097	Archie Orr	M- BU13	Clydesdale Harriers	1
137	0:11:50	1159	Josh Scott	M- BU13	Glasgow School of Sport	1
138	00:11:51	1275	David Woods	M- BU15	Shettleston Harriers	2
139	0:11:54	1107	Finn McCafferty	M- BU13	Cumbernauld AAC	1
140	00:11:58	1177	William Scott	M- BU13	Helensburgh AAC	2
141	00:12:06	1108	Luke Tervit	M- BU15	Cumbernauld AAC	2
142	0:12:07	1131	Shay Garioch	M- BU13	Giffnock North AC	1
143	0:12:07	1228	Frazer Sands	M- BU13	Kilmarnock H&AC	1
144	0:12:12	1076	Barry Masterton	M- BU13	Cambuslang Harriers	1
145	0:12:19	1217	Magnus Morris	M- BU13	Kilbarchan AAC	1
146	0:12:20	1262	Aiden Mcwhirter	M- BU13	North Ayrshire AC	1
147	0:12:31	1078	Ben MacDougall	M- BU13	Cambuslang Harriers	1
148	0:12:38	1077	Dylan Stefani	M- BU13	Cambuslang Harriers	1
149	0:12:47	1071	Jamie Kennedy	M- BU13	Cambuslang Harriers	1
150	0:13:06	1124	Daniel Gray	M- BU13	Garscube Harriers	1

Womens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
1	0:45:46	49	Kilbarchan AAC (49) (Sen)	1	4	0:15:28	Christina Rankin
				2	1	00:14:26	Elspeth Curran
				3	1	00:15:52	Kerry MacAngus
2	0:46:38	68	VP-Glasgow AC (68) (Sen)	1	5	0:15:47	Mhairi Hendry
				2	4	00:16:05	Philippa Millage
				3	2	00:14:46	Josephine Moultrie
3	0:47:48	60	Shettleston Harriers (60) (Sen)	1	1	0:14:21	Fionnuala Ross
				2	2	00:16:06	Avril Mason
				3	3	00:17:21	Shannon McLellan
4	0:48:31	69	VP-Glasgow AC (69) (Sen)	1	10	0:16:20	Stephanie Lawrie
				2	8	00:16:16	Holly Little
				3	4	00:15:55	Gillian Black
5	0:48:52	33	Giffnock North AC (33) (Sen)	1	7	0:15:52	Lynn McKenna
				2	5	00:16:05	Charlotte McKenna
				3	5	00:16:55	Rhona Mowat
6	0:50:16	10	Bellahouston Road Runners (10) (Sen)	1	3	0:15:24	Catriona MacDonald
				2	6	00:17:01	Romy Beard
				3	6	00:17:51	Louise Ross
7	0:50:26	39	Glasgow University H&H (39) (Sen)	1	9	0:16:00	Kirsty Dickson
				2	9	00:17:30	Emily Crusher
				3	7	00:16:56	Stefanie Tucker
8	0:50:59	61	Shettleston Harriers (61) (Sen)	1	12	0:16:39	Jennifer Martin
				2	7	00:15:48	Ruth Joss
				3	8	00:18:32	Amy MacLellan
9	0:51:28	63	Springburn Harriers (63) (Sen)	1	2	0:14:57	Michelle Sandison
				2	3	00:16:36	Hannah Terrance
				3	9	00:19:55	Barbara Knox
10	0:51:29	1	Ayr Seaforth AC (1) (Sen)	1	8	0:15:52	Laura Wallace
				2	19	00:19:46	Gael Neill
				3	10	00:15:51	Toni McIntosh

Womens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
11	0:51:40	64	Strathclyde Uni (64) (Sen)	1	13	0:16:45	Madeleine Watson
				2	12	00:17:43	Chloe Murphy
				3	11	00:17:12	Emily McNicol
12	0:52:05	26	Garscube Harriers (26) (Sen)	1	6	0:15:48	Lesley Chisholm
				2	11	00:18:30	Chloe McAdam
				3	12	00:17:47	Yvonne Burgess
13	0:52:12	40	Glasgow University H&H (40) (Sen)	1	18	0:17:31	Hannah Gilchrist
				2	18	00:18:06	Isabelle Rayner
				3	13	00:16:35	Katherine Mitchell
14	0:52:13	24	Dumfries RC (24) (Sen)	1	17	0:17:25	Sophie Canty
				2	21	00:19:23	Anne Macfarlane
				3	14	00:15:25	Nicola Hood
15	0:53:29	22	Dumbarton AAC (22) (Sen)	1	16	0:17:21	Nikki Lyons
				2	14	00:17:50	Melissa Wylie
				3	15	00:18:18	Charlene Kelly
16	0:53:38	17	Cambuslang Harriers (17) (Mas)	1	28	0:18:41	Bernadete O'Neil
				2	17	00:16:50	Jacqueline Etherington
				3	16	00:18:07	Jennifer Reid
17	0:53:48	48	Kilbarchan AAC (48) (Mas)	1	14	0:16:54	Sharon Hastie
				2	15	00:18:21	Joanne McDowall
				3	17	00:18:33	Sandra Houldsworth
18	0:54:10	41	Glasgow University H&H (41) (Sen)	1	20	0:17:59	Emma Hunter
				2	13	00:17:02	Dominique Lynch
				3	18	00:19:09	Juliet Hill
19	0:54:11	3	Bellahouston Harriers (3) (Sen)	1	21	0:18:01	Janine Dickie
				2	20	00:17:42	Kristina Greig
				3	19	00:18:28	Laura Ritchie
20	0:54:53	34	Giffnock North AC (34) (Mas)	1	15	0:17:07	Allie Chong
				2	16	00:18:22	Stephanie Lillie
				3	20	00:19:24	Hilary Carswell

Womens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
21	0:55:27	35	Giffnock North AC (35) (Sen)	1	32	0:19:03	Nicola McBeath
				2	24	00:18:16	Heather Thompson
				3	21	00:18:08	Frances Lowrie
22	0:56:14	65	Strathclyde Uni (65) (Sen)	1	23	0:18:10	Joanna Gillies
				2	26	00:19:20	Katy McGonigal
				3	22	00:18:44	Lucy Cameron
23	0:56:52	27	Garscube Harriers (27) (Sen)	1	29	0:18:52	Fiona Maurer
				2	25	00:18:34	Holly Maciver
				3	23	00:19:26	Alison Wood
24	0:57:13	18	Cambuslang Harriers (18) (Sen)	1	24	0:18:21	Amy Craig
				2	23	00:18:34	Lesley McArdle
				3	24	00:20:18	Paula McCabe
25	0:57:22	59	North Ayrshire AC (59) (Sen)	1	30	0:18:52	Angela Reid
				2	39	00:22:14	Debbie Burke
				3	25	00:16:16	Vicky Barnhill
26	0:57:22	70	VP-Glasgow AC (70) (Sen)	1	34	0:19:15	Donna Finlayson
				2	27	00:18:40	Grace Norman
				3	26	00:19:27	Diane Ramsay
27	0:57:43	37	Glasgow Caledonian (37) (Sen)	1	27	0:18:41	Heather Campbell
				2	33	00:21:17	Megan Gemmell
				3	27	00:17:45	Ella Peters
28	0:57:54	25	Garscube Harriers (25) (Mas)	1	35	0:19:17	Ann White
				2	32	00:20:01	Morag Casey
				3	28	00:18:36	Mary Senior
29	0:58:27	4	Bellahouston Harriers (4) (Sen)	1	33	0:19:04	Robyn Millar
				2	29	00:19:10	Rebecca Simister
				3	29	00:20:13	Emma Rogerson
30	0:58:39	43	Greenock Glenpark Harriers (43) (Mas)	1	38	0:19:59	Lorna Coyle
				2	31	00:18:40	Marian Monk
				3	30	00:20:00	Marianne Mckay

Womens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
31	0:59:39	16	Calderglen Harriers (16) (Sen)	1	22	0:18:09	Kay Conneff
				2	22	00:18:44	Kirsty Wilson
				3	31	00:22:46	Alexandra Hayden
32	0:60:02	28	Garscube Harriers (28) (Sen)	1	40	0:20:21	Alison Rutherford
				2	38	00:20:38	Amy Cromarty
				3	32	00:19:03	Martha Lovatt
33	0:60:50	5	Bellahouston Harriers (5) (Mas)	1	25	0:18:33	Claire McCormick
				2	30	00:20:04	Angela Carson
				3	33	00:22:13	Christine McKay
34	0:61:20	53	Kirkintilloch Olympians (53) (Mas)	1	36	0:19:32	Marie McChord
				2	34	00:20:38	Marina McCallum
				3	34	00:21:10	Vivien Fraser
35	0:61:27	11	Bellahouston Road Runners (11) (Sen)	1	46	0:21:17	Chi My Ta
				2	35	00:19:09	Laura Henderson
				3	35	00:21:01	Heloise White
36	0:62:33	72	Westerlands XC Club (72) (Mas)	1	31	0:19:01	Lorna Mahoney
				2	37	00:21:35	Gaynor Gillespie
				3	36	00:21:57	Muffy Calder
37	0:62:38	55	Kirkintilloch Olympians (55) (Sen)	1	47	0:21:28	Shirley MacNab
				2	44	00:23:01	Moir Smith
				3	37	00:18:09	Jennifer Muir
38	0:63:12	12	Bellahouston Road Runners (12) (Mas)	1	26	0:18:38	Shona Donnelly
				2	36	00:21:55	Anne Campbell
				3	38	00:22:39	Pauline Bradley
39	0:65:39	47	Irvine RC (47) (Mas)	1	54	0:23:00	Susan Rhodes
				2	49	00:23:06	Karen Figgins
				3	40	00:19:33	Jennie Jackson
40	0:65:39	51	Kilmarnock H&AC (51) (Sen)	1	44	0:21:02	Kirsty McNulty
				2	40	00:21:06	Amanda Bryden
				3	39	00:23:31	Karen Robertson

Womens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
41	0:66:15	6	Bellahouston Harriers (6) (Sen)	1	51	0:22:03	Karen Rosling
				2	45	00:22:30	Gillian Glass
				3	41	00:21:42	Maria Spedsberg
42	0:66:21	13	Bellahouston Road Runners (13) (Mas)	1	49	0:21:48	Madeline Smillie
				2	47	00:22:56	Lynn Reid
				3	42	00:21:37	Rhoda Yarmahmoudi
43	0:66:37	29	Garscube Harriers (29) (Sen)	1	50	0:21:54	Kirsten Mathew
				2	41	00:20:31	Casey Thompson
				3	43	00:24:12	Barbara Watt
44	0:69:00	14	Bellahouston Road Runners (14) (Mas)	1	52	0:22:17	Roz Wilson
				2	43	00:21:37	Alison Brown
				3	44	00:25:06	Lynne Goldie
45	0:69:25	44	Greenock Glenpark Harriers (44) (Sen)	1	39	0:20:15	Cheryl Thomas
				2	50	00:26:02	Nathalie Smith
				3	45	00:23:08	Eileen Stevenson
46	0:71:58	7	Bellahouston Harriers (7) (Sen)	1	56	0:24:05	Jasmine Shields
				2	52	00:23:21	June MacLeod
				3	46	00:24:32	Linda Wood
--	xx:xx:xx	2	Ayr Seaforth AC (2) (Sen)	1	41	0:20:39	Ruth Kirk
				2		xxxx	xxxx
				3		xxxx	xxxx
--	xx:xx:xx	8	Bellahouston Harriers (8) (Sen)	1	58	0:53:47	Jacqueline Glass
				2		xxxx	xxxx
				3		xxxx	xxxx
--	xx:xx:xx	15	Bellahouston Road Runners (15) (Mas)	1	53	0:22:27	Terry Nimmo
				2	48	00:22:56	Mandy Morgan
				3		xxxx	xxxx
--	xx:xx:xx	23	Dumbarton AAC (23) (Sen)	1	48	0:21:36	Natalie Robertson
				2	46	00:23:07	Alison Gallacher
				3		xxxx	xxxx

Womens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
- -	xx:xx:xx	30	Garscube Harriers (30) (Sen)	1	43	0:20:53	Liz Short
				2	51	00:25:57	Claire Robertson
				3		xxxx	xxxx
- -	xx:xx:xx	36	Giffnock North AC (36) (Mas)	1	55	0:23:10	Catriona Gourley
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	38	Glasgow School of Sport (38) (Sen)	1	37	0:19:58	Maisie Watson
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	42	Glasgow University H&H (42) (Sen)	1	42	0:20:42	Rhianna Skedje
				2	42	00:22:27	Helen Mortimer
				3		xxxx	xxxx
- -	xx:xx:xx	50	Kilbarchan AAC (50) (Sen)	1	11	0:16:33	Holly Thompson
				2	10	00:17:06	Chloe Simpson
				3		xxxx	xxxx
- -	xx:xx:xx	56	Kirkintilloch Olympians (56) (Sen)	1	45	0:21:14	Ada Stewart
				2		xxxx	xxxx
				3		xxxx	xxxx
- -	xx:xx:xx	58	Motherwell AC (58) (Sen)	1	19	0:17:35	Clare Hughes
				2	28	00:20:37	Phyllis Hands
				3		xxxx	xxxx
- -	xx:xx:xx	67	Troon Tortoises (67) (Sen)	1	57	0:25:11	Joan McIntosh
				2		xxxx	xxxx
				3		xxxx	xxxx

Women split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
1	0:14:21	218	Fionnuala Ross	F-F Sen	Shettleston Harriers	1
2	00:14:26	160	Elsbeth Curran	F-F Sen	Kilbarchan AAC	2
3	00:14:46	243	Josephine Moultrie	F-F Sen	VP-Glasgow AC	3
4	0:14:57	224	Michelle Sandison	F-F Sen	Springburn Harriers	1
5	0:15:24	31	Catriona MacDonald	F-F Sen	Bellahouston Road Runners	1
6	00:15:25	80	Nicola Hood	F-F Sen	Dumfries Running Club	3
7	0:15:28	162	Christina Rankin	F-F Sen	Kilbarchan AAC	1
8	0:15:47	240	Mhairi Hendry	F-F Sen	VP-Glasgow AC	1
9	0:15:48	95	Lesley Chisholm	F-F40	Garscube Harriers	1
10	00:15:48	208	Ruth Joss	F-F Sen	Shettleston Harriers	2
11	00:15:51	1	Toni McIntosh	F-F Sen	Ayr Seaforth AC	3
12	0:15:52	2	Laura Wallace	F-F Sen	Ayr Seaforth AC	1
13	0:15:52	115	Lynn McKenna	F-FU20	Giffnock North AC	1
14	00:15:52	170	Kerry MacAngus	F-FU20	Kilbarchan AAC	3
15	00:15:55	238	Gillian Black	F-F Sen	VP-Glasgow AC	3
16	0:16:00	121	Kirsty Dickson	F-F Sen	Glasgow University Hare and H	1
17	00:16:05	242	Philippa Millage	F-F Sen	VP-Glasgow AC	2
18	00:16:05	114	Charlotte McKenna	F-FU20	Giffnock North AC	2
19	00:16:06	222	Avril Mason	F-F40	Shettleston Harriers	2
20	00:16:16	201	Vicky Barnhill	F-F45	North Ayrshire AC	3
21	00:16:16	250	Holly Little	F-FU20	VP-Glasgow AC	2
22	0:16:20	241	Stephanie Lawrie	F-F Sen	VP-Glasgow AC	1
23	0:16:33	171	Holly Thompson	F-FU20	Kilbarchan AAC	1
24	00:16:35	125	Katherine Mitchell	F-F Sen	Glasgow University Hare and H	3
25	00:16:36	225	Hannah Terrance	F-F Sen	Springburn Harriers	2
26	0:16:39	212	Jennifer Martin	F-F Sen	Shettleston Harriers	1
27	0:16:45	231	Madeleine Watson	F-F Sen	Strathclyde Univ Harriers	1
28	00:16:50	58	Jacqueline Etherington	F-F40	Cambuslang Harriers	2
29	0:16:54	165	Sharon Hastie	F-F40	Kilbarchan AAC	1
30	00:16:55	116	Rhona Mowat	F-FU20	Giffnock North AC	3
31	00:16:56	132	Stefanie Tucker	F-FU20	Glasgow University Hare and H	3
32	00:17:01	28	Romy Beard	F-F Sen	Bellahouston Road Runners	2
33	00:17:02	124	Dominique Lynch	F-F Sen	Glasgow University Hare and H	2
34	00:17:06	164	Chloe Simpson	F-F Sen	Kilbarchan AAC	2
35	0:17:07	111	Allie Chong	F-F45	Giffnock North AC	1
36	00:17:12	234	Emily McNicol	F-FU20	Strathclyde Univ Harriers	3
37	00:17:21	216	Shannon McLellan	F-F Sen	Shettleston Harriers	3
38	0:17:21	74	Nikki Lyons	F-F Sen	Dumbarton AAC	1
39	0:17:25	79	Sophie Canty	F-F Sen	Dumfries Running Club	1
40	00:17:30	129	Emily Crusher	F-FU20	Glasgow University Hare and H	2

Women split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
41	0:17:31	130	Hannah Gilchrist	F-FU20	Glasgow University Hare and H	1
42	0:17:35	195	Clare Hughes	F-F Sen	Motherwell AC	1
43	00:17:42	9	Kristina Greig	F-F Sen	Bellahouston Harriers	2
44	00:17:43	235	Chloe Murphy	F-FU20	Strathclyde Univ Harriers	2
45	00:17:45	119	Ella Peters	F-F Sen	Glasgow Caledonian University	3
46	00:17:47	94	Yvonne Burgess	F-F40	Garscube Harriers	3
47	00:17:50	78	Melissa Wylie	F-F50	Dumbarton AAC	2
48	00:17:51	34	Louise Ross	F-F40	Bellahouston Road Runners	3
49	0:17:59	131	Emma Hunter	F-F Sen	Glasgow University Hare and H	1
50	0:18:01	7	Janine Dickie	F-F Sen	Bellahouston Harriers	1
51	00:18:06	127	Isabelle Rayner	F-F Sen	Glasgow University Hare and H	2
52	00:18:07	60	Jennifer Reid	F-F45	Cambuslang Harriers	3
53	00:18:08	106	Frances Lowrie	F-F Sen	Giffnock North AC	3
54	0:18:09	53	Kay Conneff	F-F40	Calderglen Harriers	1
55	00:18:09	190	Jennifer Muir	F-FU20	Kirkintilloch Olympians	3
56	0:18:10	232	Joanna Gillies	F-FU20	Strathclyde Univ Harriers	1
57	00:18:16	108	Heather Thompson	F-F Sen	Giffnock North AC	2
58	00:18:18	72	Charlene Kelly	F-F Sen	Dumbarton AAC	3
59	0:18:21	62	Amy Craig	F-FU20	Cambuslang Harriers	1
60	00:18:21	167	Joanne McDowall	F-F40	Kilbarchan AAC	2
61	00:18:22	109	Stephanie Lillie	F-F40	Giffnock North AC	2
62	00:18:28	12	Laura Ritchie	F-F Sen	Bellahouston Harriers	3
63	00:18:30	88	Chloe McAdam	F-F Sen	Garscube Harriers	2
64	00:18:32	210	Amy MacLellan	F-F Sen	Shettleston Harriers	3
65	00:18:33	166	Sandra Houldsworth	F-F40	Kilbarchan AAC	3
66	0:18:33	22	Claire McCormick	F-F50	Bellahouston Harriers	1
67	00:18:34	85	Holly Maciver	F-F Sen	Garscube Harriers	2
68	00:18:34	55	Lesley McArdle	F-F Sen	Cambuslang Harriers	2
69	00:18:36	98	Mary Senior	F-F45	Garscube Harriers	3
70	0:18:38	40	Shona Donnelly	F-F50	Bellahouston Road Runners	1
71	00:18:40	244	Grace Norman	F-F Sen	VP-Glasgow AC	2
72	00:18:40	148	Marian Monk	F-F45	Greenock Glenpark Harriers	2
73	0:18:41	61	Bernadete O'Neil	F-F50	Cambuslang Harriers	1
74	0:18:41	117	Heather Campbell	F-F Sen	Glasgow Caledonian University	1
75	00:18:44	52	Kirsty Wilson	F-F Sen	Calderglen Harriers	2
76	00:18:44	228	Lucy Cameron	F-F Sen	Strathclyde Univ Harriers	3
77	0:18:52	87	Fiona Maurer	F-F Sen	Garscube Harriers	1
78	0:18:52	200	Angela Reid	F-F40	North Ayrshire AC	1
79	0:19:01	252	Lorna Mahoney	F-F50	Westerlands XC Club	1
80	00:19:03	84	Martha Lovatt	F-F Sen	Garscube Harriers	3

Women split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
81	0:19:03	107	Nicola McBeath	F-F Sen	Giffnock North AC	1
82	0:19:04	10	Robyn Millar	F-F Sen	Bellahouston Harriers	1
83	00:19:09	29	Laura Henderson	F-F Sen	Bellahouston Road Runners	2
84	00:19:09	123	Juliet Hill	F-F Sen	Glasgow University Hare and H	3
85	00:19:10	16	Rebecca Simister	F-F Sen	Bellahouston Harriers	2
86	0:19:15	239	Donna Finlayson	F-F Sen	VP-Glasgow AC	1
87	0:19:17	104	Ann White	F-F65	Garscube Harriers	1
88	00:19:20	233	Katy McGonigal	F-FU20	Strathclyde Univ Harriers	2
89	00:19:23	81	Anne Macfarlane	F-F55	Dumfries Running Club	2
90	00:19:24	110	Hilary Carswell	F-F45	Giffnock North AC	3
91	00:19:26	93	Alison Wood	F-F Sen	Garscube Harriers	3
92	00:19:27	245	Diane Ramsay	F-F Sen	VP-Glasgow AC	3
93	0:19:32	188	Marie McChord	F-F55	Kirkintilloch Olympians	1
94	00:19:33	158	Jennie Jackson	F-F55	Irvine Running Club	3
95	00:19:46	3	Gael Neill	F-F40	Ayr Seaforth AC	2
96	00:19:55	226	Barbara Knox	F-F55	Springburn Harriers	3
97	0:19:58	120	Maisie Watson	F-FU20	Glasgow School of Sport	1
98	0:19:59	152	Lorna Coyle	F-F55	Greenock Glenpark Harriers	1
99	00:20:00	145	Marianne Mckay	F-F40	Greenock Glenpark Harriers	3
100	00:20:01	96	Morag Casey	F-F45	Garscube Harriers	2
101	00:20:04	21	Angela Carson	F-F50	Bellahouston Harriers	2
102	00:20:13	13	Emma Rogerson	F-F Sen	Bellahouston Harriers	3
103	0:20:15	140	Cheryl Thomas	F-F Sen	Greenock Glenpark Harriers	1
104	00:20:18	56	Paula McCabe	F-F Sen	Cambuslang Harriers	3
105	0:20:21	90	Alison Rutherford	F-F Sen	Garscube Harriers	1
106	00:20:31	91	Casey Thompson	F-F Sen	Garscube Harriers	2
107	00:20:37	198	Phyllis Hands	F-F60	Motherwell AC	2
108	00:20:38	182	Marina McCallum	F-F45	Kirkintilloch Olympians	2
109	00:20:38	82	Amy Cromarty	F-F Sen	Garscube Harriers	2
110	0:20:39	5	Ruth Kirk	F-F45	Ayr Seaforth AC	1
111	0:20:42	128	Rhianna Skedge	F-F Sen	Glasgow University Hare and H	1
112	0:20:53	99	Liz Short	F-F45	Garscube Harriers	1
113	00:21:01	35	Heloise White	F-F40	Bellahouston Road Runners	3
114	0:21:02	176	Kirsty McNulty	F-F40	Kilmarnock H&AC	1
115	00:21:06	173	Amanda Bryden	F-F Sen	Kilmarnock H&AC	2
116	00:21:10	185	Vivien Fraser	F-F50	Kirkintilloch Olympians	3
117	0:21:14	189	Ada Stewart	F-F55	Kirkintilloch Olympians	1
118	00:21:17	118	Megan Gemmell	F-F Sen	Glasgow Caledonian University	2
119	0:21:17	32	Chi My Ta	F-F Sen	Bellahouston Road Runners	1
120	0:21:28	186	Shirley MacNab	F-F50	Kirkintilloch Olympians	1

Women split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
121	00:21:35	251	Gaynor Gillespie	F-F50	Westerlands XC Club	2
122	0:21:36	75	Natalie Robertson	F-F Sen	Dumbarton AAC	1
123	00:21:37	43	Rhoda Yarmahmoudi	F-F50	Bellahouston Road Runners	3
124	00:21:37	44	Alison Brown	F-F55	Bellahouston Road Runners	2
125	00:21:42	18	Maria Spedsberg	F-F Sen	Bellahouston Harriers	3
126	0:21:48	37	Madeline Smillie	F-F45	Bellahouston Road Runners	1
127	0:21:54	86	Kirsten Mathew	F-F Sen	Garscube Harriers	1
128	00:21:55	33	Anne Campbell	F-F40	Bellahouston Road Runners	2
129	00:21:57	254	Muffy Calder	F-F60	Westerlands XC Club	3
130	0:22:03	14	Karen Rosling	F-F Sen	Bellahouston Harriers	1
131	00:22:13	24	Christine McKay	F-F55	Bellahouston Harriers	3
132	00:22:14	199	Debbie Burke	F-F Sen	North Ayrshire AC	2
133	0:22:17	38	Roz Wilson	F-F45	Bellahouston Road Runners	1
134	00:22:27	126	Helen Mortimer	F-F Sen	Glasgow University Hare and H	2
135	0:22:27	45	Terry Nimmo	F-F55	Bellahouston Road Runners	1
136	00:22:30	20	Gillian Glass	F-F45	Bellahouston Harriers	2
137	00:22:39	39	Pauline Bradley	F-F50	Bellahouston Road Runners	3
138	00:22:46	48	Alexandra Hayden	F-F Sen	Calderglen Harriers	3
139	00:22:56	42	Lynn Reid	F-F50	Bellahouston Road Runners	2
140	00:22:56	36	Mandy Morgan	F-F45	Bellahouston Road Runners	2
141	0:23:00	159	Susan Rhodes	F-F55	Irvine Running Club	1
142	00:23:01	187	Moiria Smith	F-F50	Kirkintilloch Olympians	2
143	00:23:06	157	Karen Figgins	F-F50	Irvine Running Club	2
144	00:23:07	76	Alison Gallacher	F-F40	Dumbarton AAC	2
145	00:23:08	149	Eileen Stevenson	F-F45	Greenock Glenpark Harriers	3
146	0:23:10	113	Catriona Gourley	F-F55	Giffnock North AC	1
147	00:23:21	26	June MacLeod	F-F60	Bellahouston Harriers	2
148	00:23:31	177	Karen Robertson	F-F50	Kilmarnock H&AC	3
149	0:24:05	15	Jasmine Shields	F-F Sen	Bellahouston Harriers	1
150	00:24:12	101	Barbara Watt	F-F45	Garscube Harriers	3
151	00:24:32	23	Linda Wood	F-F50	Bellahouston Harriers	3
152	00:25:06	41	Lynne Goldie	F-F50	Bellahouston Road Runners	3
153	0:25:11	237	Joan McIntosh	F-F50	Troon Tortoises AC	1
154	00:25:57	89	Claire Robertson	F-F Sen	Garscube Harriers	2
155	00:26:02	146	Nathalie Smith	F-F40	Greenock Glenpark Harriers	2
156	0:53:47	25	Jacqueline Glass	F-F60	Bellahouston Harriers	1

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
1	0:51:54	94	Shettleston Harriers (94) (Sen)	1	8	0:13:32	Lewis Raeburn
				2	4	00:12:43	Weynay Ghebreselassie
				3	3	00:13:05	Daniel Bradford
				4	1	00:12:34	Lachlan Oates
2	0:51:58	65	Inverclyde AC (65) (Sen)	1	5	0:13:17	Cameron Watson
				2	2	00:12:53	John Bell
				3	2	00:13:08	Ross Gray
				4	2	00:12:40	Sean Fontana
3	0:52:36	74	Kilbarchan AAC (74) (Sen)	1	1	0:12:58	Cameron Wright
				2	1	00:12:40	Connor Maclean
				3	1	00:13:16	Callum Matthews
				4	3	00:13:42	Andrew MacAngus
4	0:53:16	23	Cambuslang Harriers (23) (Sen)	1	6	0:13:19	Jamie MacKinnon
				2	5	00:12:56	Ryan Thomson
				3	5	00:13:37	Craig Jardine
				4	4	00:13:24	Fraser Stewart
5	0:53:41	95	Shettleston Harriers (95) (Sen)	1	4	0:13:16	Jamie Burns
				2	3	00:12:56	Tewoldeberhan Mengisteab
				3	6	00:13:43	Paul Sorrie
				4	5	00:13:46	William Bardsley
6	0:53:52	22	Cambuslang Harriers (22) (Sen)	1	3	0:13:08	Kevan Harvey
				2	6	00:13:11	Gavin Smith
				3	4	00:13:28	Stuart Gibson
				4	6	00:14:05	Alistair Campbell
7	0:54:49	38	East Kilbride (38) (Sen)	1	16	0:14:07	Daryl Reid
				2	9	00:13:22	John Fergusson
				3	9	00:13:52	Jamie Clements
				4	7	00:13:28	Grant Baillie
8	0:54:55	106	VP-Glasgow AC (106) (Sen)	1	23	0:14:37	Christopher Boyle
				2	12	00:13:09	Max Milarvie
				3	8	00:13:31	Kieron Rafferty
				4	8	00:13:38	Martin Hayes
9	0:54:58	43	Garscube Harriers (43) (Sen)	1	2	0:13:08	Thomas Berry
				2	7	00:13:27	Donald McPartlin
				3	7	00:14:31	Cody Stevenson
				4	9	00:13:52	Garry Mathew

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
10	0:55:18	66	Inverclyde AC (66) (Sen)	1	13	0:13:58	Adam Hay
				2	10	00:13:35	Graeme Hyett
				3	11	00:14:10	Jon Hammerman
				4	10	00:13:35	Mark Pollard
11	0:55:39	58	Glasgow University H&H (58) (Sen)	1	9	0:13:33	Anthony Addison
				2	11	00:14:02	Andrew Merry
				3	10	00:13:58	Lewis Priest
				4	11	00:14:06	Robert Kennedy
12	0:55:57	96	Shettleston Harriers (96) (Sen)	1	7	0:13:24	Grant Boyne
				2	8	00:13:40	Robert Simpson
				3	12	00:14:45	Daniel Lowe
				4	12	00:14:08	Ryan Stewart
13	0:56:54	20	Cambuslang Harriers (20) (Mas)	1	25	0:14:43	Charles Thomson
				2	17	00:14:19	Justin Carter
				3	16	00:14:14	Jamie Reid
				4	13	00:13:38	Benjamin Hukins
14	0:56:59	24	Cambuslang Harriers (24) (Sen)	1	11	0:13:47	Drew Pollock
				2	19	00:15:19	Connor McRae
				3	13	00:13:52	David Savage
				4	14	00:14:01	Gordon Robertson
15	0:57:41	6	Bellahouston Harriers (6) (Sen)	1	39	0:15:21	Paul Clawson
				2	27	00:14:20	Greg Templeton
				3	14	00:13:33	Gregor Yates
				4	15	00:14:27	Darren McQuade
16	0:57:55	67	Inverclyde AC (67) (Sen)	1	10	0:13:42	Ryan Gray
				2	14	00:14:32	David Tamburini
				3	17	00:15:09	Jason Kane
				4	16	00:14:32	Callum Hunter
17	0:58:16	75	Kilbarchan AAC (75) (Sen)	1	14	0:14:03	Ewan McKerral
				2	16	00:14:59	Conor Thomson
				3	18	00:14:36	Robbie Ferguson
				4	17	00:14:38	Stuart Kerr
18	0:58:19	103	Strathclyde Uni (103) (Sen)	1	12	0:13:50	Lewis Ross
				2	13	00:14:22	Jamie McLaren
				3	15	00:15:02	Kieran Pugh
				4	18	00:15:05	Scott Partyka

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
19	0:58:50	12	Bellahouston Road Runners (12) (Sen)	1	24	0:14:41	Graeme Paterson
				2	21	00:14:38	Grant Murphy
				3	19	00:14:50	Bryan Mulgrew
				4	19	00:14:41	Marc Bromwich
20	0:59:06	42	Garscube Harriers (42) (Mas)	1	19	0:14:25	John Coyle
				2	18	00:14:39	Daniel Scroop
				3	21	00:15:13	Alexander Chalmers
				4	20	00:14:49	Nick Heaney
21	0:59:10	71	Irvine RC (71) (Sen)	1	37	0:15:12	Colin Whitby
				2	26	00:14:28	Ross Harvey
				3	25	00:15:19	Ryan Evans
				4	21	00:14:11	Billy Richardson
22	0:59:13	89	Motherwell AC (89) (Sen)	1	34	0:15:06	Craig Mackenzie
				2	28	00:14:44	Christopher MacDonald
				3	23	00:14:56	Stephen Allen
				4	22	00:14:27	Paul Burns
23	0:59:26	32	Cumbernauld AAC (32) (Mas)	1	32	0:14:59	Howard Elliott
				2	24	00:14:22	Stephen Allan
				3	22	00:15:16	Greig Glendinning
				4	23	00:14:49	Ross McEachern
24	0:59:40	68	Inverclyde AC (68) (Sen)	1	41	0:15:22	Neil McLaughlin
				2	29	00:15:00	Dylan Crawford
				3	27	00:14:57	Michael Houston
				4	24	00:14:21	Mark Doherty
25	0:59:40	60	Greenock Glenpark Harriers (60) (Mas)	1	26	0:14:44	Paul Monaghan
				2	20	00:14:27	Steven Campbell
				3	20	00:15:03	Andrew White
				4	25	00:15:26	Michael Mcloone Snr
26	0:59:58	52	Giffnock North AC (52) (Sen)	1	18	0:14:21	Kieran Killen
				2	25	00:15:12	Nicholas Boyle
				3	24	00:15:22	Luke Chamberlain
				4	26	00:15:03	Chris Greenhalgh
27	0:61:20	33	Cumbernauld AAC (33) (Mas)	1	50	0:15:40	Vincent Carroll
				2	31	00:14:51	Robert Bartley
				3	29	00:15:04	Martin Fitchie
				4	27	00:15:45	Paul McMonagle

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
28	0:61:24	1	Ayr Seaforth AC (1) (Sen)	1	30	0:14:48	Grahame Hopper
				2	35	00:15:50	Stephen McCrorie
				3	40	00:16:33	Craig Brown
				4	28	00:14:13	Kenneth Neill
29	0:61:45	39	East Kilbride (39) (Sen)	1	36	0:15:12	Niall Walker
				2	34	00:15:21	David Thomson
				3	35	00:15:46	Jack Kirwan
				4	29	00:15:26	David Ross
30	0:61:52	87	Law and District AAC (87) (Sen)	1	15	0:14:04	Darran Muir
				2	22	00:15:16	Ross Hill
				3	30	00:16:27	James McClafferty
				4	30	00:16:05	Adam Kelly
31	0:61:53	86	Kirkintilloch Olympians (86) (Mas)	1	28	0:14:46	Graham McCabe
				2	37	00:16:01	Norman Mcneill
				3	33	00:15:16	James Gallacher
				4	31	00:15:50	Robert Conroy
32	0:62:07	28	Campbeltown RC (28) (Sen)	1	21	0:14:31	Drew Dutton
				2	15	00:14:15	Stuart McGeachy
				3	32	00:17:09	James Murdoch
				4	32	00:16:12	Ruaridh Macgregor
33	0:62:17	44	Garscube Harriers (44) (Sen)	1	44	0:15:27	Gavin Hinde
				2	39	00:15:26	Duncan McKellar
				3	31	00:14:56	Stephen Porteous
				4	33	00:16:28	John Murray
34	0:62:20	7	Bellahouston Harriers (7) (Sen)	1	48	0:15:32	Mark Porter
				2	45	00:16:09	Calum Ferguson
				3	37	00:15:12	Fraser Armstrong
				4	34	00:15:27	Thomas Smith
35	0:62:24	35	Dumbarton AAC (35) (Sen)	1	38	0:15:17	David Fenwick
				2	30	00:15:12	Graeme Lyons
				3	26	00:14:44	Chris McClelland
				4	35	00:17:11	Stephen Cole
36	0:62:27	99	Shettleston Harriers (99) (Mas)	1	42	0:15:22	Denis Williams
				2	36	00:15:20	Walter Henderson
				3	36	00:15:58	William Coyle
				4	36	00:15:47	Brian Scally

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
37	0:62:35	59	Glasgow University H&H (59) (Sen)	1	27	0:14:46	Euan Rose
				2	41	00:16:21	Aidan Schramm
				3	28	00:14:14	Gregor Gillespie
				4	37	00:17:14	Craig Smith
38	0:63:05	29	Clydesdale Harriers (29) (Sen)	1	31	0:14:56	Daniel Burns
				2	23	00:14:24	Michael Miller
				3	39	00:17:38	Ryan Nelson
				4	38	00:16:07	Iain Robertson
39	0:63:56	61	Greenock Glenpark Harriers (61) (Sen)	1	22	0:14:33	Daniel Doherty
				2	40	00:16:29	Robert Dolan
				3	38	00:15:53	Paul Beaton
				4	39	00:17:01	Stephen Hanley
40	0:64:02	104	Strathclyde Uni (104) (Sen)	1	45	0:15:27	Scott Steven
				2	42	00:15:57	Ruaraidh Mackenzie
				3	41	00:16:11	Fraser Mackenzie
				4	40	00:16:27	Craig Jervis
41	0:64:19	21	Cambuslang Harriers (21) (Mas)	1	47	0:15:29	Iain Nicholl
				2	46	00:16:14	David Thom
				3	42	00:15:52	Chris Upson
				4	41	00:16:44	Michael O'Hagan
42	0:64:34	72	Irvine RC (72) (Sen)	1	43	0:15:25	Paul Lafferty
				2	48	00:16:43	Alan Douglas
				3	44	00:16:06	Owen McWilliams
				4	42	00:16:20	Steven McDougall
43	0:65:20	78	Kilmarnock H&AC (78) (Sen)	1	56	0:15:59	James Wales
				2	47	00:16:01	Connell Drummond
				3	50	00:17:00	Jamie Nix
				4	43	00:16:20	David Moody
44	0:65:23	97	Shettleston Harriers (97) (Sen)	1	33	0:15:03	Andrew Gibson
				2	33	00:15:30	Andrew Rockett Jackson
				3	45	00:18:04	Craig Shannon
				4	44	00:16:46	Duncan McCauley
45	0:65:25	8	Bellahouston Harriers (8) (Sen)	1	55	0:15:58	Daniel Humble
				2	49	00:16:16	Michael Gowans
				3	48	00:16:32	Mark Matheson
				4	45	00:16:39	Kenneth Taylor

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
46	0:65:44	11	Bellahouston Harriers (11) (Mas)	1	59	0:16:16	Graeme Gemmell
				2	58	00:16:44	Paul Burningham
				3	56	00:17:02	Darren Murray
				4	46	00:15:42	Brent Brodie
47	0:65:51	69	Inverclyde AC (69) (Sen)	1	29	0:14:46	David Henderson
				2	32	00:15:46	Thomas Jamieson
				3	47	00:18:09	Damien Mallet
				4	47	00:17:10	Robert Gray
48	0:65:52	102	Springburn Harriers (102) (Sen)	1	72	0:17:35	Alistair Peat
				2	67	00:16:50	Joseph Junior Chambers
				3	58	00:15:52	Andy Norris
				4	48	00:15:35	Jack McCabe
49	0:65:52	13	Bellahouston Road Runners (13) (Sen)	1	49	0:15:34	Simon Wells
				2	43	00:15:52	Stephen McQuade
				3	46	00:17:11	Kevin Queenan
				4	49	00:17:15	Kenneth Crawford
50	0:66:00	53	Giffnock North AC (53) (Sen)	1	52	0:15:48	Jason Steele
				2	62	00:18:14	Christopher Smith
				3	55	00:15:51	Jordan Orr
				4	50	00:16:07	Ted Gourley
51	0:66:28	73	Irvine RC (73) (Mas)	1	73	0:17:35	James Sneddon
				2	64	00:16:31	George Irving
				3	59	00:16:21	Colin Miller
				4	51	00:16:01	Alex Allardyce
52	0:66:36	107	VP-Glasgow AC (107) (Mas)	1	54	0:15:56	Crawford Little
				2	51	00:16:24	Peter Jardine
				3	54	00:17:10	Andrew Law
				4	52	00:17:06	Alex Potter
53	0:66:42	25	Cambuslang Harriers (25) (Sen)	1	40	0:15:22	Andrew Carey
				2	50	00:16:57	Eamon Carr
				3	49	00:16:28	Daniel O'Connell
				4	53	00:17:55	Edward Carr
54	0:66:48	93	North Ayrshire AC (93) (Sen)	1	62	0:16:29	Alan Donachy
				2	54	00:16:13	Mark Preston
				3	63	00:18:13	Drummond Bone
				4	54	00:15:53	Ian McIlwraith

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
55	0:67:03	83	Kirkintilloch Olympians (83) (Sen)	1	58	0:16:10	Eddie McClone
				2	53	00:16:26	Mark Welsford
				3	43	00:15:13	Jason McMinn
				4	55	00:19:14	John Pugh
56	0:67:34	45	Garscube Harriers (45) (Sen)	1	78	0:17:55	Peter Scott
				2	65	00:16:24	Charles Gordon
				3	52	00:14:52	James Macleod
				4	56	00:18:23	Ade Kearns
57	0:67:37	48	Garscube Harriers (48) (Sen)	1	63	0:16:35	David McKay
				2	61	00:17:01	Keith Wall
				3	61	00:17:10	Athole Smith
				4	57	00:16:51	Robert McLennan
58	0:67:47	2	Ayr Seaforth AC (2) (Mas)	1	60	0:16:16	Alasdair Meldrum
				2	56	00:16:33	Simon Kirk
				3	57	00:17:22	Iain Pettigrew
				4	58	00:17:36	Paul Turnbull
59	0:67:49	100	Shettleston Harriers (100) (Mas)	1	53	0:15:54	John Oates
				2	55	00:16:53	Gareth Ellor
				3	51	00:16:22	John J Duffy
				4	59	00:18:40	Richard Millar
60	0:68:01	56	Glasgow Caledonian (56) (Sen)	1	76	0:17:43	Martin Donnelly
				2	52	00:14:52	Iain Paton
				3	62	00:18:11	Gaspard Leblanc
				4	60	00:17:15	Guillaume Itou
61	0:68:04	108	VP-Glasgow AC (108) (Sen)	1	17	0:14:18	Steven Bryce
				2	44	00:17:16	Ralph Connolly
				3	53	00:17:37	Charlie Murray
				4	61	00:18:53	Peter Ramsay
62	0:68:16	90	Motherwell AC (90) (Sen)	1	35	0:15:06	Nicholas Hughes
				2	57	00:17:47	Scott Dickson
				3	60	00:17:52	Robert Pattinson
				4	62	00:17:31	Graham McEwan
63	0:68:45	111	Westerlands XC Club (111) (Sen)	1	67	0:17:06	Ian Thurlbeck
				2	66	00:17:17	Daniel Reid
				3	66	00:17:23	Johnston Orr
				4	63	00:16:59	Gordon McCaffrey

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
64	0:69:13	79	Kilmarnock H&AC (79) (Sen)	1	77	0:17:44	Paul Markac
				2	71	00:17:31	Kenneth Dudgeon
				3	67	00:17:15	John Tougher
				4	64	00:16:43	John Speirs
65	0:69:47	14	Bellahouston Road Runners (14) (Sen)	1	66	0:16:57	David Ferguson
				2	69	00:17:56	Stuart Telfer
				3	68	00:17:38	Richard Leyton
				4	65	00:17:16	Jim Robinson
66	0:69:49	54	Giffnock North AC (54) (Sen)	1	81	0:18:04	Rob Crusher
				2	72	00:17:25	Michael Ewing
				3	71	00:17:29	Colin Porter
				4	66	00:16:51	Ewan Wallace
67	0:69:56	109	VP-Glasgow AC (109) (Sen)	1	64	0:16:35	Fergus Blyth
				2	60	00:16:46	Calum Brown
				3	65	00:18:04	Thomas Connolly
				4	67	00:18:31	Daniel Smith
68	0:70:14	62	Greenock Glenpark Harriers (62) (Mas)	1	61	0:16:24	John Stevenson
				2	59	00:16:49	Ross Neilson
				3	64	00:18:00	Malcolm Maclean
				4	68	00:19:01	Steven Smith
69	0:70:58	17	Calderglen Harriers (17) (Mas)	1	51	0:15:42	Mark Saez
				2	63	00:18:21	Jim Holmes
				3	69	00:18:41	Richard Lawton
				4	69	00:18:14	Kenny Leinster
70	0:71:57	105	Strathclyde Uni (105) (Sen)	1	57	0:16:00	Matthew Paulo
				2	83	00:22:23	James Dobbie
				3	79	00:17:13	Terry Mulholland
				4	70	00:16:21	Matthew Adamson
71	0:73:09	46	Garscube Harriers (46) (Sen)	1	65	0:16:46	David Carr
				2	75	00:19:05	Norman Baillie
				3	72	00:17:28	Alan McIntosh
				4	71	00:19:50	James Boyle
72	0:73:21	3	Ayr Seaforth AC (3) (Mas)	1	71	0:17:32	Laurence Baker
				2	77	00:19:00	Peter Laing
				3	78	00:19:00	Stuart McColm
				4	72	00:17:49	Stuart McLean

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
73	0:73:29	40	East Kilbride (40) (Mas)	1	80	0:18:02	Arthur Mulholland
				2	79	00:19:01	Keith Charters
				3	77	00:18:21	Gordon Colvin
				4	73	00:18:05	Graeme Haddow
74	0:73:42	15	Bellahouston Road Runners (15) (Sen)	1	84	0:18:15	Kenny McDonald
				2	74	00:17:35	Tom Ferris
				3	75	00:18:55	Martin White
				4	74	00:18:57	Niall Kennedy
75	0:74:28	82	Kirkintilloch Olympians (82) (Mas)	1	75	0:17:40	John Wells
				2	70	00:17:30	Robert Watson
				3	70	00:17:38	Robert Rogerson
				4	75	00:21:40	Tony Quinn
76	0:74:51	41	East Kilbride (41) (Mas)	1	74	0:17:35	Vincent Glennon
				2	76	00:18:37	Gerard O'Neil
				3	76	00:18:46	Stuart MacDonald
				4	76	00:19:53	Michael Carlin
77	0:75:01	9	Bellahouston Harriers (9) (Sen)	1	79	0:18:00	Paul Houston
				2	81	00:19:37	Conor Doherty
				3	81	00:18:41	Darren Shields
				4	77	00:18:43	Donald Ferguson
78	0:75:03	88	Law and District AAC (88) (Sen)	1	68	0:17:19	Bobby Hill
				2	68	00:17:17	Jim Gillon
				3	73	00:19:09	Mark Milligan
				4	78	00:21:18	Pat Kelly
79	0:77:46	57	Glasgow Caledonian (57) (Sen)	1	82	0:18:12	Derek Scott
				2	78	00:18:51	Jamie Shuttleworth
				3	85	00:22:01	Michal Dabrowski
				4	79	00:18:42	Timothy Wong
80	0:80:29	112	Westerlands XC Club (112) (Sen)	1	69	0:17:24	Chris Furse
				2	87	00:22:50	Graeme Orr
				3	83	00:17:59	Kevin Baird
				4	80	00:22:16	Marc Roper
81	0:80:38	30	Clydesdale Harriers (30) (Sen)	1	87	0:18:48	Cameron MacLeod
				2	86	00:20:39	Robert Young
				3	84	00:19:25	Hugh Laverty
				4	81	00:21:46	Peter Rudzinski

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
82	0:81:26	18	Calderglen Harriers (18) (Mas)	1	85	0:18:20	Alan Cullie
				2	85	00:20:22	Gordon McInally
				3	88	00:23:13	Russell Couper
				4	82	00:19:31	Jim Mearns
83	0:86:32	10	Bellahouston Harriers (10) (Sen)	1	96	0:22:14	Simon McDougall
				2	90	00:20:02	Graham McMillan
				3	90	00:23:36	Thomas Keenan
				4	83	00:20:40	Stuart Macdonald
--	xx:xx:xx	19	Calderglen Harriers (19) (Sen)	1	97	0:25:01	Charles Steven
				2		xxxx	xxxx
				3		xxxx	xxxx
				4		xxxx	xxxx
--	xx:xx:xx	26	Cambuslang Harriers (26) (Sen)	1	83	0:18:13	John Kelly
				2	84	00:20:18	Iain Crawford
				3		xxxx	xxxx
				4		xxxx	xxxx
--	xx:xx:xx	34	Cumbernauld AAC (34) (Sen)	1	46	0:15:28	Robert Keenan
				2		xxxx	xxxx
				3		xxxx	xxxx
				4		xxxx	xxxx
--	xx:xx:xx	36	Dumbarton AAC (36) (Sen)	1	70	0:17:30	Kieran McQuade
				2	73	00:18:12	Paul Kelly
				3	80	00:20:12	Peter Walsh
				4		xxxx	xxxx
--	xx:xx:xx	47	Garscube Harriers (47) (Sen)	1	93	0:20:35	Martin Egan
				2	80	00:16:28	Alexander Chisholm
				3	74	00:17:04	Andrew Cook
				4		xxxx	xxxx
--	xx:xx:xx	49	Garscube Harriers (49) (Sen)	1	88	0:18:49	Craig Brown
				2	93	00:27:02	David Heppell
				3	89	00:18:12	Stuart Donald
				4		Void	Mark Thistlethwaite
--	xx:xx:xx	63	Greenock Glenpark Harriers (63) (Sen)	1	90	0:19:21	Robin McAuslan
				2	82	00:18:54	Daniel McLaughlin
				3	82	00:19:27	Frank McMahon
				4		xxxx	xxxx

Mens Team Categories - All

Pos	Total Time	Team	Team Name	Lap	Pos	Split Time	Runner
--	xx:xx:xx	70	Inverclyde AC (70) (Sen)	1	86	0:18:32	Gerard Gaffney
				2		xxxx	xxxx
				3		xxxx	xxxx
				4		xxxx	xxxx
--	xx:xx:xx	76	Kilbarchan AAC (76) (Sen)	1	20	0:14:27	Craig Kennedy
				2	38	00:16:22	Donald Petrie
				3	34	00:15:24	Victor McGregor
				4		xxxx	xxxx
--	xx:xx:xx	80	Kilmarnock H&AC (80) (Sen)	1	95	0:21:38	Douglas Dickson
				2	92	00:21:49	John McClarty
				3	87	00:17:56	Stephen Emerson
				4		Void	Murray McDonald
--	xx:xx:xx	81	Kilmarnock H&AC (81) (Sen)	1	94	0:21:25	Stuart Nibloe
				2	91	00:20:58	Kevin Beck
				3		xxxx	xxxx
				4		xxxx	xxxx
--	xx:xx:xx	84	Kirkintilloch Olympians (84) (Mas)	1	91	0:19:51	Daniel Chandler
				2		xxxx	xxxx
				3		xxxx	xxxx
				4		xxxx	xxxx
--	xx:xx:xx	91	Motherwell AC (91) (Sen)	1	92	0:20:07	Thomas Sneddon
				2	88	00:20:27	John Burns
				3	86	00:20:25	Peter Blackmore
				4		xxxx	xxxx
--	xx:xx:xx	98	Shettleston Harriers (98) (Sen)	1	89	0:19:05	Andrew Kirkhope
				2	89	00:22:13	Gerard Mason
				3		xxxx	xxxx
				4		xxxx	xxxx
--	xx:xx:xx	104	Strathclyde Uni (104) (Sen)	1	98	0:31:24	Scott Steven
				2	93	00:16:11	Ruaraidh Mackenzie
				3	88	00:16:27	Fraser Mackenzie
				4		xxxx	xxxx

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
1	00:12:34	756	Lachlan Oates	M- M Sen	Shettleston Harriers	4
2	00:12:40	618	Connor Maclean	M- M Sen	Kilbarchan AAC	2
3	00:12:40	569	Sean Fontana	M- M Sen	Inverclyde AC	4
4	00:12:43	730	Weynay Ghebreselassie	M- M Sen	Shettleston Harriers	2
5	00:12:53	565	John Bell	M- M Sen	Inverclyde AC	2
6	00:12:56	752	Tewoldeberhan Mengisteab	M- M Sen	Shettleston Harriers	2
7	00:12:56	378	Ryan Thomson	M- M Sen	Cambuslang Harriers	2
8	0:12:58	624	Cameron Wright	M- MU20	Kilbarchan AAC	1
9	00:13:05	713	Daniel Bradford	M- M Sen	Shettleston Harriers	3
10	00:13:08	573	Ross Gray	M- M Sen	Inverclyde AC	3
11	0:13:08	356	Kevan Harvey	M- M Sen	Cambuslang Harriers	1
12	0:13:08	448	Thomas Berry	M- MU20	Garscube Harriers	1
13	00:13:09	805	Max Milarvie	M- MU20	VP-Glasgow AC	2
14	00:13:11	374	Gavin Smith	M- MU20	Cambuslang Harriers	2
15	0:13:16	717	Jamie Burns	M- MU20	Shettleston Harriers	1
16	00:13:16	619	Callum Matthews	M- M Sen	Kilbarchan AAC	3
17	0:13:17	592	Cameron Watson	M- MU20	Inverclyde AC	1
18	0:13:19	362	Jamie MacKinnon	M- MU20	Cambuslang Harriers	1
19	00:13:22	429	John Fergusson	M- M Sen	East Kilbride A.C.	2
20	00:13:24	375	Fraser Stewart	M- M Sen	Cambuslang Harriers	4
21	0:13:24	712	Grant Boyne	M- M Sen	Shettleston Harriers	1
22	00:13:27	473	Donald McPartlin	M- M Sen	Garscube Harriers	2
23	00:13:28	355	Stuart Gibson	M- M Sen	Cambuslang Harriers	3
24	00:13:28	424	Grant Baillie	M- M Sen	East Kilbride A.C.	4
25	00:13:31	810	Kieron Rafferty	M- M Sen	VP-Glasgow AC	3
26	0:13:32	759	Lewis Raeburn	M- MU20	Shettleston Harriers	1
27	00:13:33	296	Gregor Yates	M- M Sen	Bellahouston Harriers	3
28	0:13:33	517	Anthony Addison	M- MU20	Glasgow University Hare and H	1
29	00:13:35	581	Graeme Hyett	M- M Sen	Inverclyde AC	2
30	00:13:35	588	Mark Pollard	M- M Sen	Inverclyde AC	4
31	00:13:37	359	Craig Jardine	M- M Sen	Cambuslang Harriers	3
32	00:13:38	357	Benjamin Hukins	M- M40	Cambuslang Harriers	4
33	00:13:38	800	Martin Hayes	M- M Sen	VP-Glasgow AC	4
34	00:13:40	765	Robert Simpson	M- M Sen	Shettleston Harriers	2
35	00:13:42	617	Andrew MacAngus	M- MU20	Kilbarchan AAC	4
36	0:13:42	574	Ryan Gray	M- MU20	Inverclyde AC	1
37	00:13:43	766	Paul Sorrie	M- M Sen	Shettleston Harriers	3
38	00:13:46	711	William Bardsley	M- M Sen	Shettleston Harriers	4
39	0:13:47	370	Drew Pollock	M- MU20	Cambuslang Harriers	1
40	0:13:50	791	Lewis Ross	M- MU20	Strathclyde Univ Harriers	1

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
41	00:13:52	468	Garry Mathew	M- M Sen	Garscube Harriers	4
42	00:13:52	373	David Savage	M- M Sen	Cambuslang Harriers	3
43	00:13:52	427	Jamie Clements	M- M Sen	East Kilbride A.C.	3
44	0:13:58	577	Adam Hay	M- MU20	Inverclyde AC	1
45	00:13:58	523	Lewis Priest	M- MU20	Glasgow University Hare and H	3
46	00:14:01	372	Gordon Robertson	M- M Sen	Cambuslang Harriers	4
47	00:14:02	522	Andrew Merry	M- MU20	Glasgow University Hare and H	2
48	0:14:03	621	Ewan McKerral	M- M Sen	Kilbarchan AAC	1
49	0:14:04	686	Darran Muir	M- M40	Law & District AAC	1
50	00:14:05	346	Alistair Campbell	M- M Sen	Cambuslang Harriers	4
51	00:14:06	520	Robert Kennedy	M- M Sen	Glasgow University Hare and H	4
52	0:14:07	442	Daryl Reid	M- M Sen	East Kilbride A.C.	1
53	00:14:08	767	Ryan Stewart	M- M Sen	Shettleston Harriers	4
54	00:14:10	575	Jon Hammerman	M- M Sen	Inverclyde AC	3
55	00:14:11	609	Billy Richardson	M- M45	Irvine Running Club	4
56	00:14:13	269	Kenneth Neill	M- M40	Ayr Seaforth AC	4
57	00:14:14	371	Jamie Reid	M- M45	Cambuslang Harriers	3
58	00:14:14	519	Gregor Gillespie	M- MU20	Glasgow University Hare and H	3
59	00:14:15	382	Stuart McGeachy	M- M Sen	Campbeltown RC	2
60	0:14:18	797	Steven Bryce	M- M Sen	VP-Glasgow AC	1
61	00:14:19	351	Justin Carter	M- M45	Cambuslang Harriers	2
62	00:14:20	295	Greg Templeton	M- M Sen	Bellahouston Harriers	2
63	00:14:21	567	Mark Doherty	M- M Sen	Inverclyde AC	4
64	0:14:21	495	Kieran Killen	M- MU20	Giffnock North AC	1
65	00:14:22	786	Jamie McLaren	M- M Sen	Strathclyde Univ Harriers	2
66	00:14:22	400	Stephen Allan	M- M45	Cumbernauld AAC	2
67	00:14:24	395	Michael Miller	M- MU20	Clydesdale Harriers	2
68	0:14:25	456	John Coyle	M- M45	Garscube Harriers	1
69	00:14:27	289	Darren McQuade	M- M Sen	Bellahouston Harriers	4
70	00:14:27	531	Steven Campbell	M- M40	Greenock Glenpark Harriers	2
71	0:14:27	615	Craig Kennedy	M- MU20	Kilbarchan AAC	1
72	00:14:27	691	Paul Burns	M- M Sen	Motherwell AC	4
73	00:14:28	599	Ross Harvey	M- M Sen	Irvine Running Club	2
74	0:14:31	380	Drew Dutton	M- M Sen	Campbeltown RC	1
75	00:14:31	481	Cody Stevenson	M- MU20	Garscube Harriers	3
76	00:14:32	580	Callum Hunter	M- M Sen	Inverclyde AC	4
77	00:14:32	590	David Tamburini	M- M40	Inverclyde AC	2
78	0:14:33	533	Daniel Doherty	M- M Sen	Greenock Glenpark Harriers	1
79	00:14:36	613	Robbie Ferguson	M- MU20	Kilbarchan AAC	3
80	0:14:37	795	Christopher Boyle	M- M Sen	VP-Glasgow AC	1

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
81	00:14:38	308	Grant Murphy	M- M Sen	Bellahouston Road Runners	2
82	00:14:38	616	Stuart Kerr	M- M Sen	Kilbarchan AAC	4
83	00:14:39	478	Daniel Scroop	M- M45	Garscube Harriers	2
84	0:14:41	309	Graeme Paterson	M- M40	Bellahouston Road Runners	1
85	00:14:41	297	Marc Bromwich	M- M Sen	Bellahouston Road Runners	4
86	0:14:43	377	Charles Thomson	M- M50	Cambuslang Harriers	1
87	00:14:44	697	Christopher MacDonald	M- M Sen	Motherwell AC	2
88	00:14:44	418	Chris McClelland	M- M Sen	Dumbarton AAC	3
89	0:14:44	552	Paul Monaghan	M- M45	Greenock Glenpark Harriers	1
90	00:14:45	741	Daniel Lowe	M- M Sen	Shettleston Harriers	3
91	0:14:46	524	Euan Rose	M- M Sen	Glasgow University Hare and H	1
92	0:14:46	578	David Henderson	M- M Sen	Inverclyde AC	1
93	0:14:46	658	Graham McCabe	M- M45	Kirkintilloch Olympians	1
94	0:14:48	261	Grahame Hopper	M- M Sen	Ayr Seaforth AC	1
95	00:14:49	461	Nick Heaney	M- M40	Garscube Harriers	4
96	00:14:49	409	Ross McEachern	M- M50	Cumbernauld AAC	4
97	00:14:50	307	Bryan Mulgrew	M- M Sen	Bellahouston Road Runners	3
98	00:14:51	401	Robert Bartley	M- M40	Cumbernauld AAC	2
99	00:14:52	466	James Macleod	M- M Sen	Garscube Harriers	3
100	00:14:52	513	Iain Paton	M- M Sen	Glasgow Caledonian University	2
101	0:14:56	388	Daniel Burns	M- M Sen	Clydesdale Harriers	1
102	00:14:56	688	Stephen Allen	M- M50	Motherwell AC	3
103	00:14:56	476	Stephen Porteous	M- M Sen	Garscube Harriers	3
104	00:14:57	579	Michael Houston	M- M Sen	Inverclyde AC	3
105	0:14:59	403	Howard Elliott	M- M50	Cumbernauld AAC	1
106	00:14:59	623	Conor Thomson	M- MU20	Kilbarchan AAC	2
107	00:15:00	566	Dylan Crawford	M- MU20	Inverclyde AC	2
108	00:15:02	790	Kieran Pugh	M- M Sen	Strathclyde Univ Harriers	3
109	00:15:03	494	Chris Greenhalgh	M- M45	Giffnock North AC	4
110	00:15:03	564	Andrew White	M- M45	Greenock Glenpark Harriers	3
111	0:15:03	731	Andrew Gibson	M- M Sen	Shettleston Harriers	1
112	00:15:04	404	Martin Fitchie	M- M40	Cumbernauld AAC	3
113	00:15:05	788	Scott Partyka	M- M Sen	Strathclyde Univ Harriers	4
114	0:15:06	698	Craig Mackenzie	M- M Sen	Motherwell AC	1
115	0:15:06	696	Nicholas Hughes	M- M Sen	Motherwell AC	1
116	00:15:09	583	Jason Kane	M- M Sen	Inverclyde AC	3
117	00:15:12	273	Fraser Armstrong	M- M Sen	Bellahouston Harriers	3
118	0:15:12	445	Niall Walker	M- M Sen	East Kilbride A.C.	1
119	00:15:12	485	Nicholas Boyle	M- MU20	Giffnock North AC	2
120	0:15:12	611	Colin Whitby	M- M Sen	Irvine Running Club	1

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
121	00:15:12	417	Graeme Lyons	M- M Sen	Dumbarton AAC	2
122	00:15:13	660	Jason McMin	M- M Sen	Kirkintilloch Olympians	3
123	00:15:13	453	Alexander Chalmers	M- M50	Garscube Harriers	3
124	00:15:16	656	James Gallacher	M- M55	Kirkintilloch Olympians	3
125	00:15:16	682	Ross Hill	M- M Sen	Law & District AAC	2
126	00:15:16	405	Greig Glendinning	M- M45	Cumbernauld AAC	3
127	0:15:17	414	David Fenwick	M- M Sen	Dumbarton AAC	1
128	00:15:19	366	Connor McRae	M- M Sen	Cambuslang Harriers	2
129	00:15:19	598	Ryan Evans	M- M Sen	Irvine Running Club	3
130	00:15:20	734	Walter Henderson	M- M50	Shettleston Harriers	2
131	0:15:21	276	Paul Clawson	M- M Sen	Bellahouston Harriers	1
132	00:15:21	444	David Thomson	M- M Sen	East Kilbride A.C.	2
133	0:15:22	348	Andrew Carey	M- MU20	Cambuslang Harriers	1
134	00:15:22	486	Luke Chamberlain	M- M45	Giffnock North AC	3
135	0:15:22	585	Neil McLaughlin	M- M40	Inverclyde AC	1
136	0:15:22	775	Denis Williams	M- M55	Shettleston Harriers	1
137	00:15:24	620	Victor McGregor	M- M Sen	Kilbarchan AAC	3
138	0:15:25	601	Paul Lafferty	M- M Sen	Irvine Running Club	1
139	00:15:26	443	David Ross	M- M Sen	East Kilbride A.C.	4
140	00:15:26	550	Michael Mcloone Snr	M- M55	Greenock Glenpark Harriers	4
141	00:15:26	471	Duncan McKellar	M- M Sen	Garscube Harriers	2
142	0:15:27	463	Gavin Hinde	M- M40	Garscube Harriers	1
143	0:15:27	792	Scott Steven	M- M Sen	Strathclyde Univ Harriers	1
144	00:15:27	293	Thomas Smith	M- M Sen	Bellahouston Harriers	4
145	0:15:28	407	Robert Keenan	M- M Sen	Cumbernauld AAC	1
146	0:15:29	367	Iain Nicholl	M- M40	Cambuslang Harriers	1
147	00:15:30	762	Andrew Rockett Jackson	M- M Sen	Shettleston Harriers	2
148	0:15:32	291	Mark Porter	M- M Sen	Bellahouston Harriers	1
149	0:15:34	313	Simon Wells	M- M Sen	Bellahouston Road Runners	1
150	00:15:35	778	Jack McCabe	M- M Sen	Springburn Harriers	4
151	0:15:40	402	Vincent Carroll	M- M45	Cumbernauld AAC	1
152	0:15:42	339	Mark Saez	M- M45	Calderglen Harriers	1
153	00:15:42	274	Brent Brodie	M- M45	Bellahouston Harriers	4
154	00:15:45	410	Paul McMonagle	M- M45	Cumbernauld AAC	4
155	00:15:46	434	Jack Kirwan	M- M Sen	East Kilbride A.C.	3
156	00:15:46	582	Thomas Jamieson	M- M Sen	Inverclyde AC	2
157	00:15:47	763	Brian Scally	M- M50	Shettleston Harriers	4
158	0:15:48	503	Jason Steele	M- M45	Giffnock North AC	1
159	00:15:50	265	Stephen McCrorie	M- M45	Ayr Seaforth AC	2
160	00:15:50	653	Robert Conroy	M- M40	Kirkintilloch Olympians	4

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
161	00:15:51	499	Jordan Orr	M- M Sen	Giffnock North AC	3
162	00:15:52	306	Stephen McQuade	M- M Sen	Bellahouston Road Runners	2
163	00:15:52	779	Andy Norris	M- M Sen	Springburn Harriers	3
164	00:15:52	379	Chris Upson	M- M55	Cambuslang Harriers	3
165	00:15:53	528	Paul Beaton	M- M40	Greenock Glenpark Harriers	3
166	00:15:53	706	Ian McIlwraith	M- M45	North Ayrshire AC	4
167	0:15:54	755	John Oates	M- M55	Shettleston Harriers	1
168	0:15:56	804	Crawford Little	M- M50	VP-Glasgow AC	1
169	00:15:57	785	Ruaraidh Mackenzie	M- M Sen	Strathclyde Univ Harriers	2
170	00:15:58	723	William Coyle	M- M55	Shettleston Harriers	3
171	0:15:58	283	Daniel Humble	M- M Sen	Bellahouston Harriers	1
172	0:15:59	650	James Wales	M- M Sen	Kilmarnock H&AC	1
173	0:16:00	789	Matthew Paulo	M- M Sen	Strathclyde Univ Harriers	1
174	00:16:01	593	Alex Allardyce	M- M45	Irvine Running Club	4
175	00:16:01	631	Connell Drummond	M- M45	Kilmarnock H&AC	2
176	00:16:01	661	Norman Mcneill	M- M40	Kirkintilloch Olympians	2
177	00:16:05	683	Adam Kelly	M- MU20	Law & District AAC	4
178	00:16:06	606	Owen McWilliams	M- M Sen	Irvine Running Club	3
179	00:16:07	397	Iain Robertson	M- M40	Clydesdale Harriers	4
180	00:16:07	493	Ted Gourley	M- M55	Giffnock North AC	4
181	00:16:09	278	Calum Ferguson	M- M Sen	Bellahouston Harriers	2
182	0:16:10	659	Eddie McClone	M- M Sen	Kirkintilloch Olympians	1
183	00:16:11	784	Fraser Mackenzie	M- M Sen	Strathclyde Univ Harriers	3
184	00:16:12	381	Ruaridh Macgregor	M- M Sen	Campbeltown RC	4
185	00:16:13	707	Mark Preston	M- M Sen	North Ayrshire AC	2
186	00:16:14	376	David Thom	M- M55	Cambuslang Harriers	2
187	0:16:16	267	Alasdair Meldrum	M- M45	Ayr Seaforth AC	1
188	00:16:16	281	Michael Gowans	M- M Sen	Bellahouston Harriers	2
189	0:16:16	280	Graeme Gemmell	M- M50	Bellahouston Harriers	1
190	00:16:20	604	Steven McDougall	M- M Sen	Irvine Running Club	4
191	00:16:20	643	David Moody	M- M Sen	Kilmarnock H&AC	4
192	00:16:21	525	Aidan Schramm	M- MU20	Glasgow University Hare and H	2
193	00:16:21	608	Colin Miller	M- M60	Irvine Running Club	3
194	00:16:21	781	Matthew Adamson	M- MU20	Strathclyde Univ Harriers	4
195	00:16:22	726	John J Duffy	M- M50	Shettleston Harriers	3
196	00:16:22	622	Donald Petrie	M- M60	Kilbarchan AAC	2
197	0:16:24	561	John Stevenson	M- M45	Greenock Glenpark Harriers	1
198	00:16:24	460	Charles Gordon	M- M50	Garscube Harriers	2
199	00:16:24	802	Peter Jardine	M- M50	VP-Glasgow AC	2
200	00:16:26	675	Mark Welsford	M- M45	Kirkintilloch Olympians	2

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
201	00:16:27	783	Craig Jervis	M- MU20	Strathclyde Univ Harriers	4
202	00:16:27	684	James McClafferty	M- MU20	Law & District AAC	3
203	00:16:28	368	Daniel O'Connell	M- M50	Cambuslang Harriers	3
204	00:16:28	475	John Murray	M- M40	Garscube Harriers	4
205	00:16:28	454	Alexander Chisholm	M- M60	Garscube Harriers	2
206	00:16:29	534	Robert Dolan	M- M45	Greenock Glenpark Harriers	2
207	0:16:29	705	Alan Donachy	M- M45	North Ayrshire AC	1
208	00:16:31	600	George Irving	M- M50	Irvine Running Club	2
209	00:16:32	286	Mark Matheson	M- M Sen	Bellahouston Harriers	3
210	00:16:33	257	Craig Brown	M- M Sen	Ayr Seaforth AC	3
211	00:16:33	262	Simon Kirk	M- M45	Ayr Seaforth AC	2
212	0:16:35	470	David McKay	M- M Sen	Garscube Harriers	1
213	0:16:35	794	Fergus Blyth	M- MU20	VP-Glasgow AC	1
214	00:16:39	294	Kenneth Taylor	M- M Sen	Bellahouston Harriers	4
215	00:16:43	597	Alan Douglas	M- M Sen	Irvine Running Club	2
216	00:16:43	647	John Speirs	M- M40	Kilmarnock H&AC	4
217	00:16:44	369	Michael O'Hagan	M- M45	Cambuslang Harriers	4
218	00:16:44	275	Paul Burningham	M- M40	Bellahouston Harriers	2
219	0:16:46	451	David Carr	M- M Sen	Garscube Harriers	1
220	00:16:46	746	Duncan McCauley	M- M Sen	Shettleston Harriers	4
221	00:16:46	796	Calum Brown	M- MU20	VP-Glasgow AC	2
222	00:16:49	554	Ross Neilson	M- M40	Greenock Glenpark Harriers	2
223	00:16:50	777	Joseph Junior Chambers	M- M Sen	Springburn Harriers	2
224	00:16:51	472	Robert McLennan	M- M55	Garscube Harriers	4
225	00:16:51	507	Ewan Wallace	M- M40	Giffnock North AC	4
226	00:16:53	728	Gareth Ellor	M- M40	Shettleston Harriers	2
227	0:16:57	299	David Ferguson	M- M Sen	Bellahouston Road Runners	1
228	00:16:57	349	Eamon Carr	M- MU20	Cambuslang Harriers	2
229	00:16:59	818	Gordon McCaffrey	M- M60	Westerlands XC Club	4
230	00:17:00	645	Jamie Nix	M- MU20	Kilmarnock H&AC	3
231	00:17:01	483	Keith Wall	M- M40	Garscube Harriers	2
232	00:17:01	538	Stephen Hanley	M- M Sen	Greenock Glenpark Harriers	4
233	00:17:02	290	Darren Murray	M- M45	Bellahouston Harriers	3
234	00:17:04	455	Andrew Cook	M- M40	Garscube Harriers	3
235	00:17:06	808	Alex Potter	M- M55	VP-Glasgow AC	4
236	0:17:06	823	Ian Thurlbeck	M- M50	Westerlands XC Club	1
237	00:17:09	385	James Murdoch	M- M Sen	Campbeltown RC	3
238	00:17:10	803	Andrew Law	M- M60	VP-Glasgow AC	3
239	00:17:10	572	Robert Gray	M- M45	Inverclyde AC	4
240	00:17:10	480	Athole Smith	M- M55	Garscube Harriers	3

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
241	00:17:11	412	Stephen Cole	M- M45	Dumbarton AAC	4
242	00:17:11	310	Kevin Queenan	M- M45	Bellahouston Road Runners	3
243	00:17:13	787	Terry Mulholland	M- M Sen	Strathclyde Univ Harriers	3
244	00:17:14	526	Craig Smith	M- MU20	Glasgow University Hare and H	4
245	00:17:15	298	Kenneth Crawford	M- M50	Bellahouston Road Runners	4
246	00:17:15	511	Guillaume Itou	M- MU20	Glasgow Caledonian University	4
247	00:17:15	649	John Tougher	M- M45	Kilmarnock H&AC	3
248	00:17:16	798	Ralph Connolly	M- M50	VP-Glasgow AC	2
249	00:17:16	311	Jim Robinson	M- M55	Bellahouston Road Runners	4
250	00:17:17	821	Daniel Reid	M- M60	Westerlands XC Club	2
251	00:17:17	680	Jim Gillon	M- M50	Law & District AAC	2
252	0:17:19	681	Bobby Hill	M- M Sen	Law & District AAC	1
253	00:17:22	270	Iain Pettigrew	M- M50	Ayr Seaforth AC	3
254	00:17:23	820	Johnston Orr	M- M40	Westerlands XC Club	3
255	0:17:24	817	Chris Furse	M- M50	Westerlands XC Club	1
256	00:17:25	490	Michael Ewing	M- M50	Giffnock North AC	2
257	00:17:28	469	Alan McIntosh	M- M Sen	Garscube Harriers	3
258	00:17:29	500	Colin Porter	M- M40	Giffnock North AC	3
259	00:17:30	673	Robert Watson	M- M55	Kirkintilloch Olympians	2
260	0:17:30	420	Kieran McQuade	M- M Sen	Dumbarton AAC	1
261	00:17:31	699	Graham McEwan	M- M40	Motherwell AC	4
262	00:17:31	632	Kenneth Dudgeon	M- M Sen	Kilmarnock H&AC	2
263	0:17:32	256	Laurence Baker	M- M60	Ayr Seaforth AC	1
264	0:17:35	430	Vincent Glennon	M- M45	East Kilbride A.C.	1
265	0:17:35	610	James Sneddon	M- M50	Irvine Running Club	1
266	0:17:35	780	Alistair Peat	M- M40	Springburn Harriers	1
267	00:17:35	300	Tom Ferris	M- M45	Bellahouston Road Runners	2
268	00:17:36	272	Paul Turnbull	M- M55	Ayr Seaforth AC	4
269	00:17:37	807	Charlie Murray	M- M55	VP-Glasgow AC	3
270	00:17:38	303	Richard Leyton	M- M45	Bellahouston Road Runners	3
271	00:17:38	396	Ryan Nelson	M- M Sen	Clydesdale Harriers	3
272	00:17:38	669	Robert Rogerson	M- M55	Kirkintilloch Olympians	3
273	0:17:40	674	John Wells	M- M45	Kirkintilloch Olympians	1
274	0:17:43	510	Martin Donnelly	M- MU20	Glasgow Caledonian University	1
275	0:17:44	637	Paul Markac	M- M Sen	Kilmarnock H&AC	1
276	00:17:47	692	Scott Dickson	M- M Sen	Motherwell AC	2
277	00:17:49	266	Stuart McLean	M- M45	Ayr Seaforth AC	4
278	00:17:52	701	Robert Pattinson	M- M50	Motherwell AC	3
279	0:17:55	477	Peter Scott	M- M Sen	Garscube Harriers	1
280	00:17:55	350	Edward Carr	M- M55	Cambuslang Harriers	4

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
281	00:17:56	312	Stuart Telfer	M- M45	Bellahouston Road Runners	2
282	00:17:56	633	Stephen Emerson	M- M Sen	Kilmarnock H&AC	3
283	00:17:59	816	Kevin Baird	M- M Sen	Westerlands XC Club	3
284	00:18:00	542	Malcolm Maclean	M- M40	Greenock Glenpark Harriers	3
285	0:18:00	282	Paul Houston	M- M50	Bellahouston Harriers	1
286	0:18:02	439	Arthur Mulholland	M- M55	East Kilbride A.C.	1
287	00:18:04	799	Thomas Connolly	M- MU20	VP-Glasgow AC	3
288	0:18:04	489	Rob Crusher	M- M50	Giffnock North AC	1
289	00:18:04	764	Craig Shannon	M- M Sen	Shettleston Harriers	3
290	00:18:05	432	Graeme Haddow	M- M55	East Kilbride A.C.	4
291	00:18:09	584	Damien Mallet	M- M40	Inverclyde AC	3
292	00:18:11	512	Gaspard Leblanc	M- M Sen	Glasgow Caledonian University	3
293	00:18:12	458	Stuart Donald	M- M Sen	Garscube Harriers	3
294	0:18:12	514	Derek Scott	M- M Sen	Glasgow Caledonian University	1
295	00:18:12	415	Paul Kelly	M- M Sen	Dumbarton AAC	2
296	0:18:13	360	John Kelly	M- M45	Cambuslang Harriers	1
297	00:18:13	704	Drummond Bone	M- M45	North Ayrshire AC	3
298	00:18:14	329	Kenny Leinster	M- M55	Calderglen Harriers	4
299	00:18:14	502	Christopher Smith	M- M50	Giffnock North AC	2
300	0:18:15	305	Kenny McDonald	M- M45	Bellahouston Road Runners	1
301	0:18:20	321	Alan Cullie	M- M50	Calderglen Harriers	1
302	00:18:21	428	Gordon Colvin	M- M55	East Kilbride A.C.	3
303	00:18:21	326	Jim Holmes	M- M50	Calderglen Harriers	2
304	00:18:23	464	Ade Kearns	M- M55	Garscube Harriers	4
305	00:18:31	814	Daniel Smith	M- MU20	VP-Glasgow AC	4
306	0:18:32	570	Gerard Gaffney	M- M60	Inverclyde AC	1
307	00:18:37	440	Gerard O'Neil	M- M40	East Kilbride A.C.	2
308	00:18:40	753	Richard Millar	M- M40	Shettleston Harriers	4
309	00:18:41	292	Darren Shields	M- M Sen	Bellahouston Harriers	3
310	00:18:41	328	Richard Lawton	M- M40	Calderglen Harriers	3
311	00:18:42	516	Timothy Wong	M- MU20	Glasgow Caledonian University	4
312	00:18:43	279	Donald Ferguson	M- M Sen	Bellahouston Harriers	4
313	00:18:46	437	Stuart MacDonald	M- M45	East Kilbride A.C.	3
314	0:18:48	394	Cameron MacLeod	M- M Sen	Clydesdale Harriers	1
315	0:18:49	450	Craig Brown	M- M45	Garscube Harriers	1
316	00:18:51	515	Jamie Shuttleworth	M- M Sen	Glasgow Caledonian University	2
317	00:18:53	813	Peter Ramsay	M- M55	VP-Glasgow AC	4
318	00:18:54	549	Daniel McLaughlin	M- M55	Greenock Glenpark Harriers	2
319	00:18:55	314	Martin White	M- M45	Bellahouston Road Runners	3
320	00:18:57	302	Niall Kennedy	M- M40	Bellahouston Road Runners	4

Men split time on any leg

Pos	Split Time	No	Runner	Cat	Club Name	Leg
321	00:19:00	263	Peter Laing	M- M55	Ayr Seaforth AC	2
322	00:19:00	264	Stuart McColm	M- M50	Ayr Seaforth AC	3
323	00:19:01	426	Keith Charters	M- M50	East Kilbride A.C.	2
324	00:19:01	560	Steven Smith	M- M50	Greenock Glenpark Harriers	4
325	0:19:05	737	Andrew Kirkhope	M- M55	Shettleston Harriers	1
326	00:19:05	447	Norman Baillie	M- M70	Garscube Harriers	2
327	00:19:09	685	Mark Milligan	M- M45	Law & District AAC	3
328	00:19:14	666	John Pugh	M- M50	Kirkintilloch Olympians	4
329	0:19:21	545	Robin McAuslan	M- M55	Greenock Glenpark Harriers	1
330	00:19:25	393	Hugh Laverty	M- M60	Clydesdale Harriers	3
331	00:19:27	551	Frank McMahon	M- M65	Greenock Glenpark Harriers	3
332	00:19:31	333	Jim Mearns	M- M50	Calderglen Harriers	4
333	00:19:37	277	Conor Doherty	M- M Sen	Bellahouston Harriers	2
334	00:19:50	449	James Boyle	M- M45	Garscube Harriers	4
335	0:19:51	652	Daniel Chandler	M- M40	Kirkintilloch Olympians	1
336	00:19:53	425	Michael Carlin	M- M40	East Kilbride A.C.	4
337	00:20:02	288	Graham McMillan	M- M50	Bellahouston Harriers	2
338	0:20:07	702	Thomas Sneddon	M- M40	Motherwell AC	1
339	00:20:12	423	Peter Walsh	M- M60	Dumbarton AAC	3
340	00:20:18	352	Iain Crawford	M- M50	Cambuslang Harriers	2
341	00:20:22	331	Gordon McInally	M- M50	Calderglen Harriers	2
342	00:20:25	689	Peter Blackmore	M- M45	Motherwell AC	3
343	00:20:27	690	John Burns	M- M55	Motherwell AC	2
344	0:20:35	459	Martin Egan	M- M50	Garscube Harriers	1
345	00:20:39	399	Robert Young	M- M70	Clydesdale Harriers	2
346	00:20:40	285	Stuart Macdonald	M- M55	Bellahouston Harriers	4
347	00:20:58	626	Kevin Beck	M- M Sen	Kilmarnock H&AC	2
348	00:21:18	678	Pat Kelly	M-M70	Law & District AAC	4
349	0:21:25	644	Stuart Nibloe	M- M Sen	Kilmarnock H&AC	1
350	0:21:38	629	Douglas Dickson	M- M50	Kilmarnock H&AC	1
351	00:21:40	667	Tony Quinn	M- M60	Kirkintilloch Olympians	4
352	00:21:46	398	Peter Rudzinski	M- M65	Clydesdale Harriers	4
353	00:21:49	640	John McClarty	M- M50	Kilmarnock H&AC	2
354	00:22:01	509	Michal Dabrowski	M- MU20	Glasgow Caledonian University	3
355	00:22:13	743	Gerard Mason	M- M55	Shettleston Harriers	2
356	0:22:14	287	Simon McDougall	M- M Sen	Bellahouston Harriers	1
357	00:22:16	822	Marc Roper	M- M55	Westerlands XC Club	4
358	00:22:23	782	James Dobbie	M- M Sen	Strathclyde Univ Harriers	2
359	00:22:50	819	Graeme Orr	M- M70	Westerlands XC Club	2
360	00:23:13	320	Russell Couper	M- M50	Calderglen Harriers	3
361	00:23:36	284	Thomas Keenan	M- M60	Bellahouston Harriers	3
362	0:25:01	341	Charles Steven	M- M55	Calderglen Harriers	1
363	00:27:02	462	David Heppell	M- M70	Garscube Harriers	2
364	0:25:01	341	Charles Steven	M- M55	Calderglen Harriers	1
365	00:27:02	462	David Heppell	M- M70	Garscube Harriers	2
	Void	482	Mark Thistlethwaite	M- M Sen	Garscube Harriers	4
	Void	641	Murray McDonald	M- M Sen	Kilmarnock H&AC	4